ADD HOME-MADE GRAVY TO CLASSIC DISH
MUSHROOM GRAVY CHICKEN {page 36}

MIRACLE
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▶ Mikael Kingsbury of Deux-Montagnes, Que., jumps over Canada Olympic Park during training Thursday for the Canada Post Grand Prix Freestyle Ski World Cup in Calgary.

MIKE RIDEWOOD/CFSA/THE CANADIAN PRESS

High above the city

Calgary's parking rates could be revised in real time

▶ System would use occupancy to determine value of spaces in downtown parking areas ▶ City council will hear pros and cons

JEREMY NOLAIS
@METRONEWS.CA

Parking where others aren't could someday lead to big-time savings in Calgary's downtown core.

The Calgary Parking Authority (CPA) has discussed internally moving towards a system that would see rates in the downtown core adjusted in real time depending on the number of available spaces in a given area.

Commuters wanting a premium spot in a high-traffic area would shell out a pre-determined maximum hourly rate, while those willing to park in under-utilized areas and walk a few blocks would save a few dollars, said authority head Troy McLeod.

"The parking industry is moving toward this type of management system," he said. "(It's) no different than a traffic signal adjusting its green (light) time based on the demand of vehicles at the detector."

South of the border, parking officials in San Francisco, Los Angeles and Seattle are all experimenting with similar systems.

Locally, McLeod admits the new system could be a tough sell because revenue would be lost unless the maximum hourly parking rate is bumped up from the current $5.

Outside of the CPA, reaction to the system also seems varied.

"They totally have the capability to do it. ... My first reaction is that it would be quite confusing," said Maggie Schofield, executive director of the Calgary Downtown Association.

But contractor Montee Sutter, who was found paying for parking near city hall Thursday, sees some benefit in the model.

"I would think there would be more room here," he said. "Sometimes it's quite busy."

The real-time rate model will be included in a presentation to city council later this year during a review of the authority's parking-policy framework.

WITH FILES FROM KATIE TURNER

Parking-rate model

- **Smartphone apps:** If a real-time parking-rate model were adopted, the Calgary Parking Authority would also add a component to its smartphone app actively allowing commuters to view where the best deals are, said manager Troy McLeod.
- **Downtown:** The CPA currently manages 5,200 on-street parking spaces and 5,100 parkade spaces in the downtown core.

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1 news

The pay is lousy and the gig is temporary, but London's unemployed are still flocking to Olympics jobs.

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On the web at metronews.ca

Police surround Australian PM Julia Gillard as they force a path through rowdy protesters. Watch at metronews.ca/video

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Beating victim able to ID attacker: Governor

Authorities on the ground in Mexico say a Calgary woman beaten nearly to death at a five-star resort is able to identify her attacker.

Sheila Nabb, 37, was found in a pool of her own blood last weekend inside an elevator at the Hotel Riu Emerald in Mazatlan.

Investigators have yet to formally interview her as she continues to recover from severe facial injuries and pneumonia, but the area governor indicated Thursday that she is able to recall what the individual looked like or even potentially identify them by name. Both family and authorities have ruled out husband Andrew Nabb as a suspect.

"I think we are on track," said Sinaloa Gov. Mario Lopez Valdez in an interview provided to Metro by Mazatlan news outlet Noroeste. "The Canadian woman fortunately has recovered consciousness. ... There is sufficient evidence to know who was the (individual responsible for assaulting her) and I am sure she will clarify that."

Back at home, reports indicate a trust fund set up to help with Nabb's medical expenses has already brought in $10,000.

JEREMY NOLAIS

FACEBOOK.COM

▶ Andrew and Sheila Nabb are seen in this undated Facebook photo.

Vacation prices plummet after attack

Local travel agents say area still safe, violence can happen anywhere

JEREMY NOLAIS
@METRONEWS.CA

Travel agents are reporting a steep decline in vacation rates to a Mexican tourist destination where a Calgary woman was brutally beaten last weekend.

Sheila Nabb remains in hospital following an assault at the Hotel Riu Emerald in Mazatlan.

Back at home, prices on vacation packages offering a stay at the Riu and numerous other venues in Mazatlan have plunged by as much as 40 per cent, according to Mahmood Tejpar, owner of Marlin Travel in Marlborough Mall.

"It has definitely had a negative effect," he said. "I feel sorry because these Mexicans rely on tourism so much."

Tejpar and two other locations contacted by Metro said fears about the attack only seem to have impacted interest in Mazatlan, as prices at numerous other hotspots in the country remain steady,

Ken Stewart, president and managing director for Crowfoot Travel Solutions, has stayed at the Riu and enjoyed it a great deal.

"I have some clients that just booked yesterday; they are going down to Mazatlan next week," he said. "I wouldn't have a problem going down or even taking my family and going down there. ... You travel smart, play smart and pay attention to your surroundings."

Marlin Travel

▶ As an example, Marlin Travel was offering a Feb. 9-16 stay in Mazatlan for $750 plus tax Thursday — a typical price point for that time of year would be in the $1,100 range, according to owner Mahmood Tejpar.

JEREMY NOLAIS/METRO

▶ Ken Stewart with Crowfoot Travel Solutions urges all clients to take precautions when travelling abroad, but says the attack on Calgarian Sheila Nabb in Mazatlan shouldn't steer people away from the area.

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SIX-MONTH INVESTIGATION

Charges laid in fatal Stoney Trail collision

Fingers pointed in opposing directions by survivors of a fatal collision led to a six-month investigation that culminated with charges being laid Thursday.

Billal Abbou, 21, was not in the driver's seat when police arrived on scene to find a crushed Honda CRV and two bodies ejected from the vehicle near Stoney Trail and McKnight Boulevard NE last June. But police now believe he was operating the vehicle with a blood-alcohol level double the legal limit.

"We had to be able to prove who was where they said they were," said Sgt. Colin Foster, referring to five occupants inside the CRV when it went into a ditch and rolled several times after attempting to navigate an off-ramp.

Two occupants, Amrullah Safari, 20, and Tina Nguyen, 16, were not wearing seatbelts and died on scene. Police initially arrested Safari's older brother Faridullah, believing he was the driver. He was later released without charges.

Foster said Abbou, who now faces 12 charges, provided a statement contradicting those of his fellow survivors, claiming he was not behind the wheel. Investigators relied on forensic evidence to corroborate or rule out anecdotal evidence. JEREMY NOLAIS

Gas Plus ordered to clean up its mess

Environment minister rejects appeal of company responsible for contaminating soil Health fears, frustration among families affected

JEREMY NOLAIS
@METRONEWS.CA

Nearly two years after 9,000 litres of gasoline leaked into the soil of a northwest Calgary community, the company responsible is being ordered to clean up its mess.

Alberta Environment Minister Diana McQueen issued an order Thursday for Gas Plus owner Sal Handel to begin mobilizing a remediation effort at his station on Bowness Road NW as soon as possible.

"We want this done immediately," McQueen said. "The residents deserve to have this happen as quickly as possible."

After the leak in April 2010, people living in homes on nearby Bow Crescent NW began to report strange smells, frequent headaches and persistent coughs. Eight months later, Alberta Environment announced three residences along the street had been condemned due to air-quality readings that showed high concentrations of benzene and other hydrocarbons.

A formal environmental protection order was also issued to Handel in December 2010 but he later appealed that, leading McQueen to review arguments on both sides of the spill and arrive at Thursday's verdict.

But for some still living along Bow Crescent, the order comes far too late.

"We think about it every day — it's known around here as 'the spill,'" explained resident Maureen Whitlock.

She and her husband John were forced to stay in a hotel for months last year after air-quality readings in their home revealed levels of benzene and other hydrocarbons that were roughly 100 times that which are considered safe.

"We don't know the affect this had on us, really," Whitlock said. "Our environmental doctor is most worried about our livers."

Calgary Mayor Naheed Nenshi expressed hope Thursday for a swift resolution.

"The principle we follow in this province is the polluter pays and the polluter fixes it and the polluter is now in a position where they've just got to do it," he said.

WITH FILES FROM KATIE TURNER

JEREMY NOLAIS/METRO

▶ Workers were already busy removing items from out front of the Bowness Gas Plus station Thursday.

Repercussions

- Cost for full remediation of the Gas Plus spill could reach as high as $1.5 million.
- Gas Plus owner Sal Handel, who could not be reached for comment Thursday or several times last week, still has the option of seeking a judicial review, whereby he would claim the proper process was not followed during the appeal process.

Language an issue with immigration program: Minister

Federal Immigration Minister Jason Kenney says a program that allows provinces to tailor immigration to fit local labour needs is working but there are problems that need to be addressed.

The provincial nominee program, which will allow 42,000 immigrants to come to Canada this year, is particularly successful in the West but is struggling in the Atlantic provinces.

Kenney says nominees should meet minimum language standards and stronger links are necessary between their occupations and the jobs that need filling.

42K The provincial nominee program would allow 42,000 immigrants to come to Canada this year.

Speaking in Calgary, Kenney said some provinces have virtually ignored the language component.

He also said there is a correlation between provinces with lower language requirements and higher numbers of fraudulent applications.

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Metro Interview

KATIE TURNER/METRO

▶ Bernard Callebaut says his year-old business, Papa Chocolat, has rekindled his passion for making chocolate.

In October 2010, the courts awarded Calgary chocolatier Bernard Callebaut's business to another party
He launched Papa Chocolat in December 2010 The first store opened in Willow Park before Christmas

PAPA CHOCOLAT'S GOT A BRAND NEW BAG

KATIE TURNER
@METRONEWS.CA

Building a business from scratch wasn't something Bernard Callebaut expected to be doing at the age of 58. But the renowned — some would say infamous — chocolatier says there's nothing he'd rather be doing.

It hasn't been easy for Callebaut after his namesake company was forced into receivership in August 2010. After 27 years, his business was taken over by another party.

"It's tough on a personal level, there's no doubt about it," he said.

"People were wondering, 'You don't own your name, the other company owns your name. What is that going to do?' My wife said, 'Don't worry. Wherever Bernard goes, the brand goes."

Deciding to put the past firmly behind him, Callebaut said he and his wife moved quickly to develop a new concept and came up with Papa Chocolat — a name his two young sons call him.

He said he's now more inspired than ever.

"In times of crisis, people come up with the greatest inventions," he said with a laugh.

"Once you have a reputation, it's of tremendous value. I realize that now more than ever."
BERNARD CALLEBAUT

Since launching Papa Chocolat just over a year ago out of a commercial kitchen, and opening his first store nearly two months ago, Callebaut said he's been overwhelmed by the support he's received.

Even with Callebaut and his staff working 24-7 in the days leading up to Christmas, inventory sold out nearly every day.

"Once you have a reputation, it's of tremendous value. I realize that now more than ever," he said.

"People, they want to help you. They haven't forgotten what you have done for 28 years."

Heading into the future, Callebaut said he plans to take things slow and focus on making chocolate rather than expanding his business.

"For me, the main focus is to create a quality business. That's on the top of the list," he said. "And everything will flow out of that."

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KENNEY

MP admits 'mistake' in city bid for rec centres

After much criticism from Mayor Naheed Nenshi, a Calgary MP has said the federal government made a mistake that led to Calgary losing a $100-million bid for four new rec centres.

MP Jason Kenney said a "technical mistake" was to blame and rec centres were never meant to be included under projects funded by the federal agency PPP Canada.

The city is now exploring alternate options for funding the four rec centres, which are slated for the northwest and southeast.

METRO

Clues sought in teacher's murder

Spruce Grove RCMP are trying to retrace the final steps of a teacher found slain in her Parkland County home last October.

Jolene Cote was last seen on a surveillance video, leaving a west Edmonton store around 10:40 p.m. on Oct. 12.

Cote's husband found her dead in their home at 6:05 a.m. the next day.

Investigators want to talk to anyone who may have seen Cote or her silver Jeep Liberty.

RCMP Sgt. Tim Taniguchi said investigators are probing if she was also robbed, as her wedding band, engagement ring and a diamond necklace are missing.

METRO

TRYING TO BE MORE LIKE ROB FORD

IN DEFENCE OF

MIKE MORRISON
METRO CALGARY

I have been thinking a lot about getting in shape.

Why are you laughing? I only said that I was thinking about it.

For the past few weeks, my motto has been: "If Rob Ford can do it, why can't I?" If you haven't heard the news, the Toronto mayor and his brother have challenged themselves to lose weight in the most embarrassing way possible: By submitting to weekly public weigh-ins.

I would be mortified, so much so that even though I hate admitting it, I have a little more respect for the much-maligned mayor. Ford is essentially putting his personal battle of the bulge into the spotlight, hoping to encourage others to live a healthier lifestyle. It also happens to be a genius public-relations move, and I've completely fallen for it.

"My health isn't in as much danger as Ford's, but after years of waiting in traffic and drinking too many beers ... being a Calgarian has begun to take a toll on my body."

My health isn't in as much danger as Ford's, but after years of waiting in traffic and drinking too many beers at the Kensington Pub and the Ship and Anchor, being a Calgarian has begun to take a toll on my body. So against my better judgment, I'm now trying to be like Ford, at least when it comes to getting in shape.

Luckily, certain things in Calgary can make getting in shape a lot easier. Running for the C-Train, getting lost in the Plus-15 system and continuing to walk around the Peace Bridge are all excellent ways of getting some cardio exercise into your day.

I've also found that dodging the reckless cyclists along the river pathways is helping with my reflexes. Climbing the stairs to get to the "nose bleeds" at Saddledome is working my quads and, of course, I'm getting lots of stretching done by looking for radars when driving through this city's countless school and playground zones.

However, there's also a certain distraction that is making trying to stay thin a little difficult. Ever since the food-truck campaign started last summer, the meals on wheels are now everywhere, literally. Around every corner there's a truck selling some sort of succulent sausage, beefy burger or tasty taco. I could work out every day, but put me in front of a truck that has gelato and I'm rendered helpless, but usually satisfied.

There aren't very many things that Rob Ford does right, but if an elected official in Toronto can make me pay attention to my health, I wonder what our own politicians can do for us here in Calgary? It's for the right reasons.

Mike Morrison is the perfectly bald head behind Mike's Bloggity Blog. He also tweets regularly from

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Police exploring new media boundaries

Calgary police look at initiatives to interact with public ‘It’s all about engagement,’ says Michelle Dassinger, who heads the new unit

SCREEN GRAB

▶ Calgary police already make a point of responding to all inquiries made to their Twitter account, said spokesperson Michelle Dassinger.

JEREMY NOLAIS
@METRONEWS.CA

Calgary police could soon go behind the lens for a change to shoot their own news videos addressing community concerns.

Other frontline officers may be given the opportunity to inform the public through frequently updated blogs.

These two initiatives and many others are on the table as the Calgary Police Service maps out a new strategy to interact with the public like never before.

“With social media, it’s not a one-way street,” said Michelle Dassinger, who heads the service’s new digital communications unit. “It’s all about engagement. When we push information out into the community, we wholeheartedly expect them to push information back to us and tell us over time what it is they value and what is and isn’t useful to them.”

Late last year, the police hosted live chats with members of the public on Facebook and Twitter to gather such feedback. A large contingent of younger respondents advocated for police blogs, while older participants saw more value in videos.

When asked what information they would like to receive, respondents pointed to everything from home and neighbourhood safety maps to crime-prevention tips and most-wanted lists.

Pop-up patio to spring up in Sunnyside

KATIE TURNER
@METRONEWS.CA

In a city with a limited number of summer days, Dean Symonds of Vendome Café says it’s important to make the best use of outdoor dining weather.

Vendome Café will be the first to pilot what’s being called a sidewalk or pop-up patio this summer.

“It’s taking the concept of seasonal patios on 17th Avenue and trying to apply them to other areas,” said Symonds, general manager of Vendome.

The concept is to utilize on-street parking space during slow traffic times in the year to build a temporary, low-cost patio space.

After discovering the concept on a trip to Halifax, Ald. Druh Farrell said she wanted to test the idea in Calgary and approached Vendome Café.

WARD 7/CONTRIBUTED

▶ Pop-up patio in San Fransisco.

“We’ve got a long list of interested businesses who want to join the pilot and we’re just looking at developing criteria,” she said.

Symonds said they are hoping to have an outdoor space up and running this summer.

“We don’t have a whole lot of dining-outside days in Calgary, so I think the more places that we can do it in the short amount of time, we have the better.”

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Clean to the Core program celebrates milestone

Launched in 2006 Program involves everything from graffiti cleanup to beat cops in the core

KATIE TURNER/METRO

▶ Maggie Schofield of the Calgary Downtown Association, left, Mayor Naheed Nenshi and Cathy Taylor of the Centre City Implementation team mark five years of the Clean to the Core program Thursday.

KATIE TURNER
@METRONEWS.CA

A more vibrant, safe and friendly downtown is the result of five years of collaborative hard work with the Clean to the Core program, according to city officials.

"I think it's hard for people to remember what downtown was like five years ago," said Cathy Taylor, program manager of the Centre City Implantation team. "There were concerns about cleanliness and safety."

Since the program's launch, Taylor said Calgarians have told them the downtown core is now cleaner and more welcoming, and increased foot traffic is a sign of the progress.

From physical improvements like potted plants and recycling bins to the addition of beat cops in the downtown core, Maggie Schofield, executive director of the Calgary Downtown Association, said businesses have seen the changes.

"The perception piece is such an important part of this, because the stats will tell you that we were way ahead of the game a couple years ago and it's only now that we're really starting to hear people say, 'I do feel safe downtown.'"

Schofield said in the future, she would like to see similar programs extend to areas such as Kensington and Marda Loop.

Mayor Naheed Nenshi said the key moving forward is sustaining the program.

"I'm looking forward to, in the next five years, figuring out ways we can engage the community even more to make sure that the downtown remains vibrant."

A whole village

- The Clean to the Core program involves more than 15 different City of Calgary departments.
- Dozens of external partners such as businesses and community organizations are also involved in the project.
- Since the introduction of small trash bins designed for cigarette butts, there has been a 40 per cent reduction of butts on C-Train platforms.
- Around 420 pounds of recycling is picked up daily from bottle and can bins in the downtown core.

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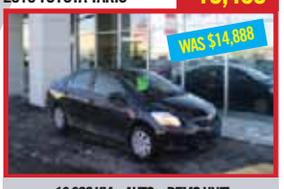
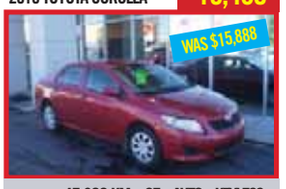


#384718P 13,300 KM • AUTO • DEMO UNIT

2010 TOYOTA COROLLA $13,480



#329053P 47,300 KM • CE • AUTO • KEYLESS

2004 MAZDA B4000 $8,980

#M05990T 73,000 KM • CAB PLUS • V6 • KEYLESS

2010 TOYOTA TUNDRA $41,888

PLATINUM | CREWMAX

#097896P 62,800 KM • 5.7L • LOADED • LTHR

2009 TOYOTA COROLLA $11,980

#059701LP 86,500 KM • AC • ALLOYS • KEYLESS

2009 TOYOTA MATRIX $15,888

#027878LP 67,000 KM • AUTO • A/C • ALLOYS

2008 HONDA CIVIC $13,988

#107288T 66,000 KM • LX • ROOF • 5SPD

2009 TOYOTA TACOMA $24,880

#610785LP 22,500 KM • 4X4 • V6 • 6 SPEED

2009 CHRY PT CRUISER $9,980

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2009 HYUNDAI TUSCON GL $16,888

#090894T 54,000 KM • A/C • CRUISE • ALLOYS

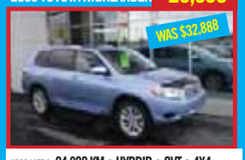
2008 TOYOTA CAMRY $17,980

#040843LP 78,000 KM • HYBRID • AUTO • PW/PL

2008 HONDA ACCORD $17,980

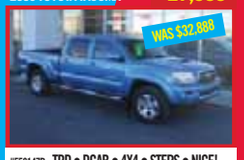
#808146T 50,000 KM • EX • LOADED • ROOF

2008 TOYOTA HIGHLANDER $29,980



#000417PA 94,800 KM • HYBRID • CVT • 4X4

2008 TOYOTA TACOMA $27,500



#553147P TRD • DCAB • 4X4 • STEPS • NICE!

2007 HYUNDAI TIBURON $15,488

#242589T 70,000 KM •GT COUPE • V6 • LTHR

2007 DODGE CALIBER $11,980

#405897P 42,700 KM • SXT • ROOF • ATC • CD

2007 PONTIAC MONTANA $8,988

#189740T 92,900 KM • SV6 • SPORT • ONSTAR

2008 TOYOTA HIGHLANDER $25,888

#033298T 76,000 KM • SR5 • AWD • REAR CAM

2008 TOYOTA TUNDRA $23,888

#543847LP 131,500 KM • DOUBLECAB • 5.7L V8

2007 TOYOTA YARIS $11,580

#174333LP 70,600 KM • AUTO • A/C • PWR W/L

2011 TOYOTA RAV4 SPORT $29,988

#085950P 15,000 KM •2.5L • 4WD • ROOF • AUTO

2006 TOYOTA TACOMA $22,888

#191939T 63,100 KM • ACCESS CAB • V6 • 4X4

2005 TOYOTA 4RUNNER $21,780

#030448T 133,000 KM • SR5 • V6 • SUNROOF

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Deaths ‘not an accident’: Crown

Crown delivers closing arguments in Shafia family trial Security issue spurs delay earlier in the day

The evidence against three people accused of killing half their family over honour is “irrefutable,” a Crown attorney told the jury in the case in closing arguments that lasted well into the evening after a bomb threat delayed proceedings earlier Thursday.

Crown attorney Laurie Lacelle told the jury hearing the Shafia family murder trial that Mohammad Shafia, 58, his wife Tooba Yahya, 42, and their son Hamed, 21, were each responsible for planning and carrying out four murders, executed to get rid of family members causing them dishonour.

“Shafia, Tooba and Hamed had decided that there was a diseased limb on their family tree,” she said. “Their decision was to trim the diseased limb and prune the tree back to the good wood.” She urged the jury to find all three guilty in what the Crown has alleged is a quadruple honour killing of Shafia’s three daughters and his other polygamous wife.

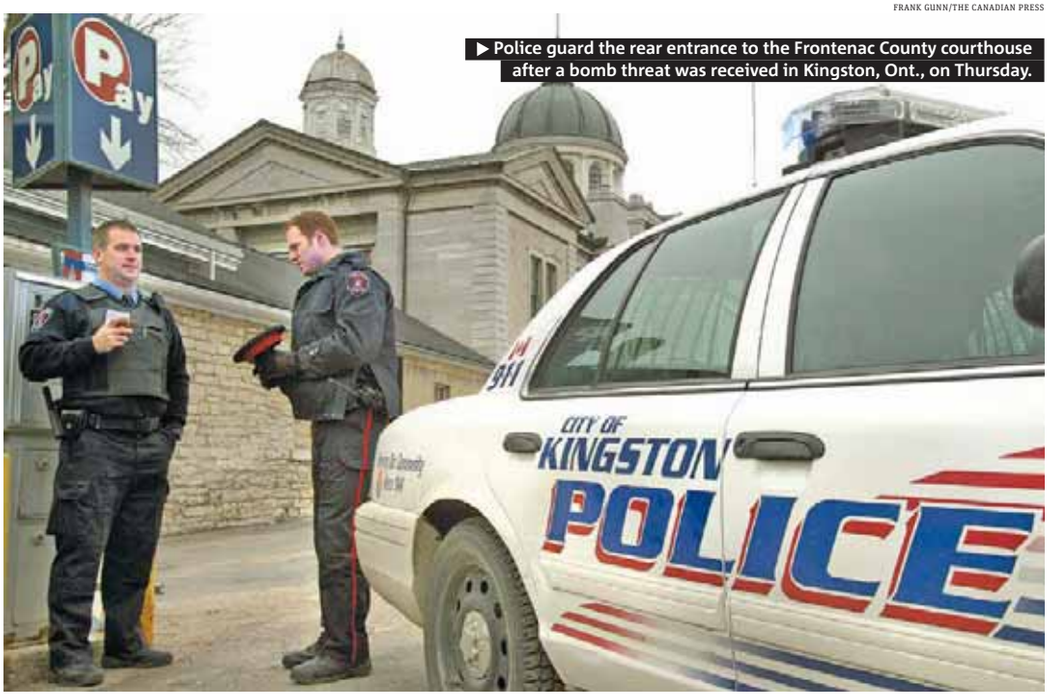
“You know this was not an accident — it was murder,” Lacelle said at the end of her lengthy address.

THE CANADIAN PRESS

Deliberations

- The verdict was expected to be in the jury’s hands Friday afternoon or early evening.

FRANK GUNN/THE CANADIAN PRESS



▶ Police guard the rear entrance to the Frontenac County courthouse after a bomb threat was received in Kingston, Ont., on Thursday.

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ONTARIO TRAGEDY

Plane-crash survivor speaks out

HANDOUT/THE CANADIAN PRESS

▶ The wreckage from the plane crash.

The lone survivor of a deadly plane crash in northern Ontario says he tried in vain to pull fellow passengers from the wreckage and snuff the fire that eventually destroyed the small aircraft.

Brian Shead says the Jan. 10 crash near the tiny native community of North Spirit Lake happened in a flash. The Winnipeg-based administrator for First Nations escaped with a crushed foot and facial injuries, but the pilot and the three other passengers died.

As the sole survivor, the father of three small children is haunted by guilt and dozens of unanswered questions.

THE CANADIAN PRESS

Reno digs up mystery

PAWEL DWULIT/ THE CANADIAN PRESS

▶ Elephant

A time capsule unearthed during renovations at Toronto's famed Maple Leaf Gardens spilled its secrets Thursday, revealing hockey paraphernalia, news from the Dirty '30s and a tiny ivory elephant.

While some of the capsule's contents relate to the time it was buried, there was little to explain the mysterious elephant.

THE CANADIAN PRESS

Bravery in battle honoured

7 Forces members receive Medal of Military Valour in Ottawa ceremony

It was one of the those heart-stopping moments every pilot who flew in Afghanistan feared — the dull thud of rounds hitting the helicopter and the smell of smoke.

But for Capt. William Todd Fielding, it wasn't some abstract concern and on Thursday he was awarded the country's third-highest valour decoration for what he did in the critical moments after the Taliban sprayed his CH-147 Chinook with gunfire.

Fielding was among seven members of the Canadian Forces to receive the Medal of Military Valour from Gov. Gen. David Johnston in a ceremony at Ottawa's Rideau Hall.

His helicopter was hit in the fuel tank and immediately caught fire as it took off from a forward position in the volatile Panjwaii district, west of Kandahar city on Aug. 5, 2010.

The native of Niagara Falls, Ont., managed to land the burning chopper in the middle of insurgent-controlled territory and get everyone off safely without any casualties.

The other recipients were soldiers and included Master-Cpl. Adam Holmes, Master-Cpl. Gilles-Remi Mikkelson, Pte. Philip Millar, Master-Cpl. Paul Mitchell, Pte. John Nelson, and Sgt. Graham Verrier.

THE CANADIAN PRESS

SEAN KILPATRICK/THE CANADIAN PRESS

▶ Gov. Gen. David Johnston presents the Medal of Military Valour to Pte. Philip Millar of Lower Sackville, N.S.

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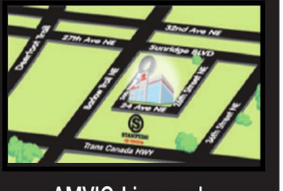

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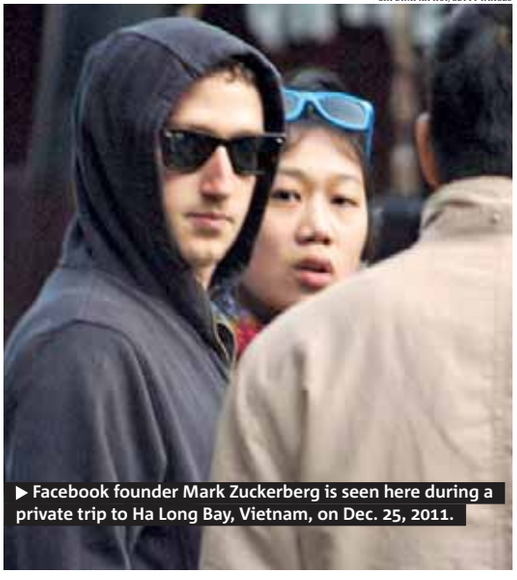
No coddling at Facebook

What it's really like to work for company founder Mark Zuckerberg

GIA DINH XA HOI/GETTY IMAGES



▶ Facebook founder Mark Zuckerberg is seen here during a private trip to Ha Long Bay, Vietnam, on Dec. 25, 2011.

Mark Zuckerberg's former director of engineering says the Facebook CEO is not a pain in the ass to work with, but don't expect "emotional coddling."

Yishan Wong is giving the world a glimpse of the social-networking boy wonder on the question-and-answer website Quora, for which Wong is an advisor.

Wong worked at Facebook from 2005 to 2010, for much of that time in management roles when the company exploded into a major corporation from a small startup.

"He's a demanding CEO with a monomaniacal focus on making Facebook succeed in its mission," Wong wrote.

"He's a perfectly nice guy on a personal level; it's just that professionally, he is focused on getting it done and has a limited tolerance for emotional fragility in the people he needs to help him execute on that mission."

Great business leaders tend to have "a significant body count of ex-employees claiming that they were autocratic and mean," Wong pointed out.

Zuckerberg gives employees "ever-greater challenges to surmount," he said, which should be fine for an employee who is confident and emotionally secure.

If you're looking for a boss to develop you or who gives you confirmation or even acknowledgement of your opinions, Zuckerberg's not the guy for you, said Wong.

"He does have a touch of Asperger's," said Wong, referring to the disorder that robs people of social skills that he said accounts for Zuckerberg appearing to ignore people when they're talking.

"I would characterize him as tough but fair."

TORSTAR NEWS SERVICE

Facebook addicts get help at 'rehab'

A pair of entrepreneurs has created an online tool to target Facebook addicts, called FaceAnonymous.

"The first thing most young people do when they log in to a computer is to type an F," says Dan Penguine, co-founder of FaceAnonymous, the first "Facebook rehab."

Penguine and friend Siavosh Arasteh set up a website spreadsheet where people worldwide can record every time they logged in to Facebook.

Curt Dalton, CEO of Internet Time Machine, a company that analyzes web search words, says "Facebook" is the fastest-growing addiction search after "gaming," and it is trending higher.

"The first step to fix an addiction is to become aware of the problem," Siavosh told Metro.

But Internet psychologist Graham Jones emphasizes that as Facebook addiction is so new, treatment is only experimental at this stage.

KARIN WASTESON IN LONDON

10% A recent study from China published in Plos One found 10 per cent of Internet users suffer from Internet addiction disorder, a recently acknowledged condition that disrupts brain-nerve fibres responsible for emotions, decision-making and self-control. Its effects can be as damaging to young people as alcohol or cannabis.

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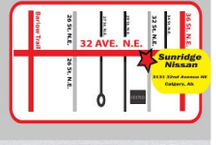

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- For decades they were considered more than
- Suddenly Mormons are in the spotlight, with one of their
- And the Mormons have established

Mormonism's leap

Karen Sorenson, 29, is a public relations executive in Los Angeles. She's also a Mormon, one of the fast-growing denomination's 14-million members.

"Where I was grew up (in San Diego) there weren't many Mormons," she tells Metro. "Kids in school would ask me questions like, 'How many moms do you have?' I had no idea why they'd ask such a thing until I realized that many people believed Mormons still practise polygamy."

Now, says Sorenson, things are very different: "I don't get questions about polygamy anymore. When people hear that I don't drink or smoke because I'm a Mormon, their reaction is usually, 'Wow, I could never do that.' My being a Mormon isn't a deal-breaker for them. It's like being a vegetarian."

Mormons are officially known as the Church of Jesus Christ of Latter-Day Saints. Only half of Americans consider Mormonism a Christian religion, and some Evangelicals call it a cult.

"Mitt Romney is a good, moral person, but that does not make him a Christian," Baptist leader Robert Jeffress recently said. But according to a new survey by Pew, 63 per cent of Mormons say that acceptance is rising.

"In the academic environment of Boston, there's very little direct bias against us," says Patrick Turley, a 26-year-old PhD student at Harvard. "Sometimes people attribute beliefs to me that aren't true, but usually a short conversation clears it up."

"Romney has made us feel more mainstream," says Derek Morton, a 30-year-old realtor in Utah. As a teenager, Morton rebelled against his faith. "I felt like, 'I want to order beer, too,'" he says. "But now I feel that giving up things like alco-

▶ God's MBA is coming. An army of 50,000 missionaries is behind the success of Mormonism.

Polygamy

Last year, Warren Jeffs was sentenced to life in prison for sexually assaulting young girls and fathering a child with one of them. Jeffs led the Fundamentalist Church of Jesus Christ of Latter Day Saints, a 10,000-member sect that broke away from the official Mormon church a century ago. Polygamy remains the practice most people associate with Mormonism. The church's founder, Joseph Smith, advocated having multiple wives, but the official church banned the practice 120 years ago. Even so, breakaway sects still advocate polygamy — and it's juicy material for TV like HBO's Big Love. MWN

Under the banner of Heaven. The rise of Mormonism

weird: A Christian sect that practised polygamy members having a good chance at becoming U.S. president themselves as an American success story

ELISABETH BRAW METRO WORLD NEWS

# of faith

hol has given me more freedom. I don't have to worry about going to jail for drunk driving."

Fifteen members of the United States Congress are Mormons. So are many business leaders, including Credit Suisse CEO Eric Varvel and JetBlue founder David Neeleman.

Behind the success: An army of more than 50,000 young Mormons who spend two years preaching their faith around the world, under often challenging circumstances. Even outsiders credit the Mormon missionary program. BusinessWeek calls it "God's MBA."

Romney was a missionary in France; Neeleman in Brazil. (Turley served in France and Sorenson in Lithuania.) Today the faith is growing especially fast in Latin America.

Whether Romney wins or not, says Corwin Smidt, a professor of political science at Calvin College in Michigan, he'll have done for Mormons what John F. Kennedy did for Catholics: Create greater social and political acceptance.

And Sorenson adds that being a Mormon doesn't necessarily mean voting for Romney: "I see him as just another person running for president. My family are Democrats."

60 seconds

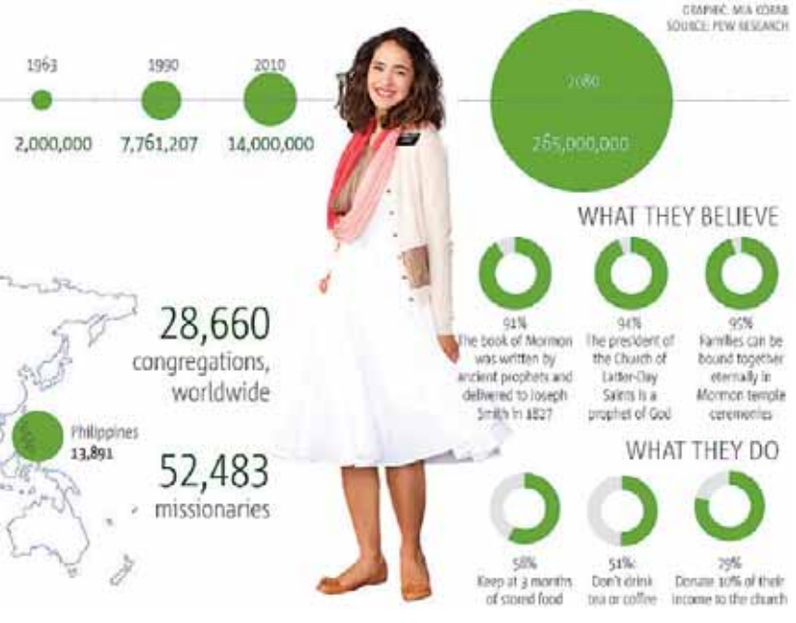
FAITH NOT TOP ISSUE: POLLSTER

Karlyn Bowman, pollster, American Enterprise Institute.

Everybody talks about Mitt Romney's faith — except Romney himself. Why?
He clearly knows that there's resistance to a Mormon candidate. Gallup recently asked Americans if they'd consider voting for a Mormon, a gay person, a black person and so on. The only presidential candidate a majority of voters said they would not vote for was an atheist. That said, some Evangelical Christians would never vote for a Mormon.

How important is faith in this election?
Not as important as usual. The economy is still the number 1, 2, 3, 4, 5 issue.

And the criticism of Romney's wealth?
Making a lot of money has never been a sin in American politics, but in this election it's a bit of an issue. ... Right now Americans think most powerful people make too much money. ELISABETH BRAW



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New Libyan rulers accused of torture

Canada urged to pressure Libya on new detainee torture reports

The new leaders of Libya, helped to power by an air war waged by Canada and its major allies, were denounced as torturers Thursday by major international groups.

The Canadian leader of Amnesty International called on the Harper government to use its influence with Libya's new transitional government to end the abuse of prisoners, documented by the organization in a new report.

Doctors Without Borders said it was suspending work in Libyan prisons because of rampant torture of detainees. The group said it was pulling out of the city of Misrata because some detainees were brought for care only to make them fit for further interrogation.

THE CANADIAN PRESS

New leadership

- Canada has stood firm behind Libya's new transitional leadership both before and after Moammar Gadhafi was driven from power last year.
- Amnesty International said the torture is being carried out by "officially recognized military and security entities" as well as the many armed militias still active in the country.

Buildings. Collapse

▶ Rescue workers stand next to the area where three buildings collapsed in Rio de Janeiro, Thursday.

SILVIA IZQUIERDO/THE ASSOCIATED PRESS

6 dead, 16 missing in Rio

A 20-storey building collapsed in Rio Wednesday evening, causing the collapse of two other smaller ones. At press time, rescuers had pulled six bodies from the rubble and 16 people were still missing.

Suspects detained in implant scandal

INTERPOL/THE ASSOCIATED PRESS

▶ Jean-Claude Mas

Police in pre-dawn sweeps Thursday arrested two top former executives of the now-defunct French company at the centre of a breast-implant scandal affecting tens of thousands of women worldwide.

Jean-Claude Mas, who founded and ran implant-maker Poly Implant Prothese (PIP), was detained as part of a judicial probe in the southeastern city of Marseille into manslaughter and involuntary injuries, an official said. A regional official said former No. 2 executive Claude Couty also was detained.

The suspect PIP implants are made with industrial-grade silicone instead of medical-grade gel.

THE ASSOCIATED PRESS

'Joke' leads to terror charges

Prosecutors charged a FedEx driver with threat of terrorism over allegations he joked that a package he was delivering to a U.S. army base was likely a bomb. Military police evacuated 215 people.

Charges filed Wednesday in Utah show the deliveryman was dropping off a package Sept. 20 at Camp Williams. THE ASSOCIATED PRESS

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‘AMERICA’S BACK’ SPEECH CAN’T SAVE SINKING SHIP

THE METRO LIST

MIKE BENHAIM
METRO

My resolution this New Year’s Eve was to be less cynical. Oh well, four weeks still beats last year’s record.

1 **Research in (slow) Motion:** RIM appointed a new CEO in an attempt to revive dying BlackBerries in a world of iPhones and Androids. His name is Thorsten Heins, but he may as well be Thurston Howell III, because all the money in the world ain’t getting him off that island.

2 **Muddled Voyage:** The man that drove his car through the Waterloo, Ont., police station last November was apparently sentenced to a year of community service ... as captain of a cruise ship. Oops!

3 **Political Hubris:** Stephen Harper finally met with delegates at the World Economic Forum this week. He rebuked European leaders for being fiscally irresponsible, and cited Canada as the role model. He referenced our medicare system which, in hard times, assures Canadians the same unsatisfactory services they’ve come to expect, at no additional cost.

4 **Idol Setback:** American Idol is back for its 11th season, and the first individual voted off is Steven Tyler for his rendition of The Star Spangled Banner.

5 **Sexy Spinsters:** Ladies, if you are unattached, attractive, and believe in love at first sight with a stranger who will also be dating 25 other women on national TV, then I’ve got great news — The Bachelor is coming to Canada! The not-so-great news is that you are probably desperate and have low self-esteem. But good luck!

6 **Love on the Rocks:** Another celebrity breakup hit the news wire this week as German model Heidi Klum is divorcing R&B singer Seal. My immediate reaction to the news was, “Those two were married?”

7 **Spoiler Alert:** Academy Award nominees were unveiled this week, and I want to prepare for my Oscar pool by identifying this year’s pretentiously touted film that no one actually wants to watch, à la English Patient or King’s Speech, and bet on that.

8 **Ice Dreams:** Bruins goalie Tim Thomas ignited controversy by refusing to join the NHL champs who were invited to appear at the White House this week. Thomas stated that he had become disillusioned with the government, whose actions over the past few years, he feels, have been counter-constitutional. On the other hand, he still blames his parents for never providing figure-skating lessons.

9 **God Save the School:** Dr. Alisun Pawley, a musicologist from the University of York in England, concluded in a recent study that the Canadian national anthem was not very “sing-along-able.” My first question is, “Who funded this study, and why?” Second question is, “Should a university professor be using a word like ‘sing-along-able’?”

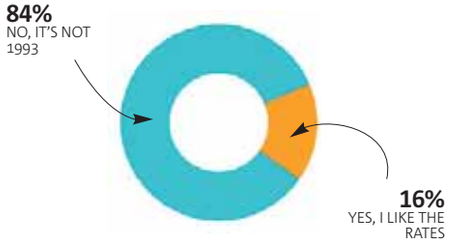
10 **American Delusions:** The U.S. prez showed us once again that “Campaign Obama” is far better at his job than “President Obama.” His “America’s back” speech was shrewdly more feeling than fact. If the country were a business, I’d suspect he was getting ready to sell to China, but that’s just silly ... or is it?

More from Mike Benhaim at metronews.ca/backbeat

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Do you still own a land-line phone?

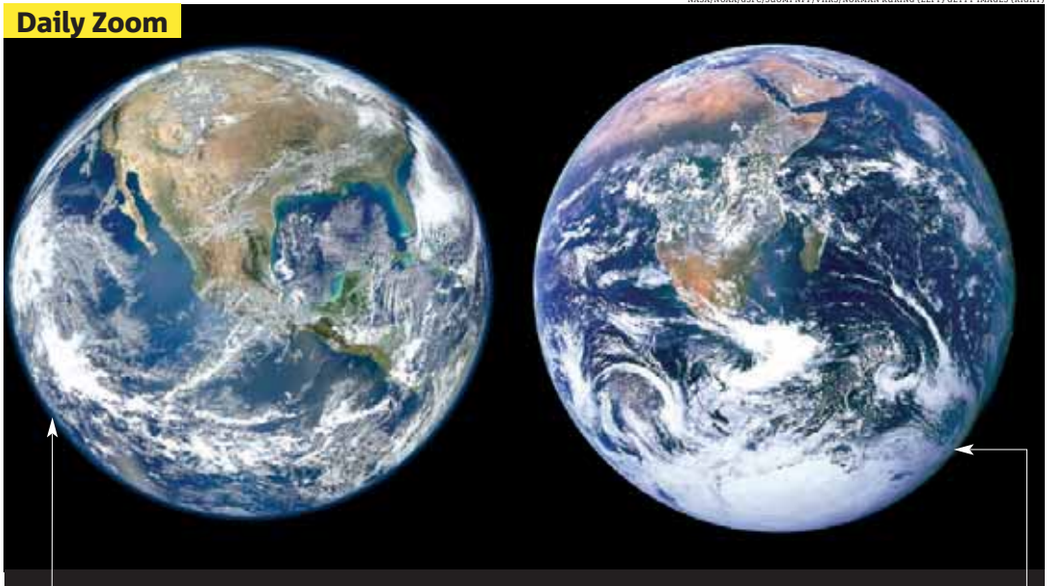


Local tweets

- **@Merlin Almendra:** Did I tell you that #calgarians are generally #polite #people? i heart it when they hold the door for you - thanks gentlemen! #yyc
- **@JanAthertonBenn:** 2 more hours of work and then I finally, finally, finally have a couple days off! Casino perhaps?? #yyc
- **@canmoremd:** Sitting on the runway at #yyc. Delayed 90 mins. Missed connection. Fantastic start.
- **@coryedel:** Snow already coming in from west into #yyc , dt should see it very soon. Short lived, light and clearing late afternoon
- **@300rwhp:** Turns out the 1% do care. Goldman Sachs is volunteering @calgarydropin tonight. Thanks to the #yyc business community and tonight’s servers
- **@MelissaLKP:** Holy chilly wind in #yyc today!
- **@harpsinyyc:** Will Fed gov support Hi-Speed rail between #yyc and #yeg? Lebel says he’s doesn’t know the issue very well. No yes/no provided. #ableg
- **@Ameriika:** Men in suits can do no wrong. #yyc #StephensAve #drool

Daily Zoom

NASA/NOAA/GSFC/SUOMI NPP/VIIRS/NORMAN KURING (LEFT) GETTY IMAGES (RIGHT)



Shinier ‘Blue Marble’

New image of Earth captured

SNAP. It’s our blue planet, like we’ve never seen before. Nasa’s latest “Blue Marble” photograph is the most high-resolution image of Earth ever captured. This picture was taken on Jan. 4 from Suomi NPP, Nasa’s most recently launched Earth-observing satellite, the first in a new series of such devices. MWN

824

kilometres — the distance above Earth this photograph was taken. This new high-resolution image displays about 1.6 kilometres per pixel.

Satellite facts

- **Composite image:** Created from four orbits of the Earth’s surface.
- **Worth lots of numbers:** Suomi NPP weighs 2,041 kgs, carries five instruments, and orbits the Earth about 14 times each day.
- **‘For weather forecasting’:** Collects data on clouds, atmosphere and oceans.

First photo was upside down

HISTORY. The original “Blue Marble” photo was taken by the Apollo 17 crew on Dec. 7, 1972, from a distance of about 45,000 kilometres. It was the first opportunity to photograph the south polar ice cap. It was originally taken upside down due to the way the astronauts were then travelling. MWN

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FEDERAL FINANCE

Ottawa rethinks securities regulator

SEAN KILPATRICK/THE CANADIAN PRESS

▶ Jim Flaherty

The federal government announced Thursday that it will head back to the drawing board following a court verdict that scuttled its original plans for a national securities regulator.

Ottawa still hopes to create a national body, more limited in scope and in collaboration with the provinces, that would play a role in monitoring long-term risks to financial markets.

Finance Minister Jim Flaherty delivered his most elaborate public reaction since last month's critical ruling by the Supreme Court of Canada.

That decision may have quashed the decade-old project to create a one-stop shop for the country's securities regulation.

But Flaherty pointed out that there's still room for a federal role.

"It's clear in the Supreme Court of Canada judgment that the day-to-day regulation of securities will remain with the provinces," Flaherty said in an interview at the Davos economic summit in Switzerland. "So ... I hope that we can make an arrangement with the provinces to proceed with a Canadian securities regulator."

Flaherty said that last month, when the Supreme Court ruled that securities regulation was a provincial responsibility, it also agreed that the feds could participate in the oversight of general and systemic risks.

"It's very difficult to deal with any significant financial issue in Canada without the involvement of the Government of Canada," he said, "because so much of the financial world applies to many provinces and territories, not just one."

To play that role, Flaherty said the federal government would need to create a new organization. THE CANADIAN PRESS

Harper signals change

◐ Prime Minister's speech in Davos hints at reforms for pensions, investment and immigration ◐ Canada 'model of confidence,' Harper says

Ottawa will transform the country's pension system to curtail government costs, but details won't come until the budget, Prime Minister Stephen Harper said Thursday.

In a major speech at the World Economic Forum, Harper also signalled looming reforms in immigration as well as research and development — all in the name of ensuring Canada's economy is on a strong footing.

The idea, he said, is to position Canada as a more competitive force in the global economy and to confront the pressures of an aging population.

"In the months to come, our government will undertake major transformations to position Canada for growth over the next generation," Harper said in an address to several dozen of the 2,600 forum delegates.

Despite the immediate audience, the speech was aimed as much at voters back home as it was at international business and political leaders.

▶ Stephen Harper talks with British Prime Minister David Cameron at pub in Davos, Switzerland on Thursday.

The prime minister also reiterated a commitment to streamline environmental approvals for major energy projects and said he would press ahead with developing ways to export energy to Asia.

He chided wealthy countries for being too complacent about ringing up debt that they cannot afford,

"I ask whether the creation of economic growth, and therefore jobs, really is the No. 1 policy priority for everyone," he said.

"Or is it the case that in the developed world, too many of us have, in fact, become complacent about our prosperity, taking our wealth as a given, assuming it is somehow the natural order of things?"

Harper said his government has worked to keep financial disorder out of Canada and is stepping up efforts to set the country on the right track for coming decades.

"Under our government, Canada will make the transformations necessary to sustain economic growth, job creation and prosperity now and for the next generation." THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. THURSDAY

TSX	Dollar
- 74.89 (12,464.32)	+ 0.18¢ (99.83¢ US)

Oil	Natural gas	Gold
+ 30¢ US ($99.70 US)	$2.60 US (- 12¢ US)	$1,726.70 US (+ $26.60 US)

Boomers piling on too much debt: CIBC

Baby boomers and Canadians who can least afford it are the most responsible for statistics that show consumers are piling on too much debt, according to an analysis of household finances released Thursday by the CIBC.

The micro-examination of debt in Canada suggests the problem may be more serious than thought and sheds new light on Bank of Canada governor Mark Carney's statement last week that he is most worried about "vulnerable" households.

RYAN REMIORZ/THE CANADIAN PRESS

The raw numbers are bad enough. The ratio of household debt to disposable annual income has been rising steadily since 2007 and recently reached a record 153 per cent.

That puts Canadian households on the doorstep of the 160 per cent level, where Americans were prior to the housing collapse.

But as the CIBC report suggests, households in other countries, particularly Denmark, the Netherlands, Norway and Switzerland, have reached significantly higher thresholds without triggering a crisis.

"It's not only the amount of debt Canadians are carrying, but how many are getting close to the limit of their borrowing capacity," said CIBC chief economist Avery Shenfeld, co-author of the paper with economist Benjamin Tal. THE CANADIAN PRESS

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CAW takes Caterpillar protest national

J. MULLINS
@METRONEWS.CA
METRO CANADA IN LONDON, ONT.

As Caterpillar reported record financial results Thursday morning, Canadian Auto Workers across the country launched informational pickets to support the company's locked-out London employees.

Toromont — a CAT dealer with offices on Enterprise Drive in London, Ont. — was among the places union workers picked to hand out flyers. The scene was similar at dealers in about a dozen other cities spread across seven provinces, said Bob Scott, chairman of the CAW unit at Electro-Motive Diesel.

Caterpillar's firm financial footing hardly came as a surprise, Scott said. Most workers expected the company to make big profits.

"It was just how much it was actually going to be," he said.

Caterpillar spokesman Jim Dugan declined a request for financial data specific to the company's locomotive plant in London.

DAVE CHIDLEY/THE CANADIAN PRESS

▶ Electro-Motive workers picket a Caterpillar equipment dealership in London, Ont., on Thursday.

Dugan did say the plant isn't "competitive in terms of its overall costs," including labour.

The contract offer that Electro-Motive workers rejected last month stemmed directly from that, he said. Union representatives have said it included deep wage cuts and other concessions.

"When they purchased the facility (in 2010) they knew what the contract was," Scott said. "That plant has always made money."

Labour unrest

- The 12 sites targeted on Thursday included Caterpillar-branded locations owned by Toromont Industries of Toronto, Hewitt Group of Pointe-Claire, Que., and Finning International Inc. of Vancouver.
- On Wednesday, about 80 CAW workers in Ingersoll, Ont., blocked a locomotive that had been built in London to protest the lockout.

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Synopsis

- Liam Neeson plays John Ottway, a sharpshooter hired to keep predatory wolves out of an oil station in the remotest part of Alaska. He becomes the leader of a ragtag group of survivors when the plane transporting them to their oil job crashes in the wilderness. Hunted by wolves and exposed to the elements, Ottway's know-how is the only thing between freezing to death or, worse, becoming the big bad wolf's dinner.

- **Ratings:**
Richard: ⊕⊕⊕⊕
Chris: ⊕⊕⊕⊕

HANDOUT

▶ Liam Neeson tapes busted bottles to his knuckles in a showdown with some man-eating wolves.

Big, bad wolves

The Grey's characters bring lyricism to the man-versus-nature genre

Chris Alexander joins Richard Crouse this week to review Liam Neeson's latest

Reel Guys
RICHARD CROUSE & MARK BRESLIN

Richard: Chris, the thing that separates The Grey from other man-versus-nature movies is the characters. At first glance they are the usual assortment of rough and ready characters: the edgy chatterbox, the ex con. But soon nuances appear. They shed tears and even recite poetry when not fighting off steely-eyed wolves. Most action movies are only concerned about setting up the action and the payoff. The Grey isn't. It wants you to get to know the men so when something awful happens to them, you care.

Chris: That's what I found so disarming about the picture, that lyricism. The trailer certainly leads you to believe that it's all about Neeson suiting up with busted bottle fingertips, growling and boxing toothy timber-wolves. And while we DO get that, its strength is that tapestry of characters and how instead of becoming more savage as their situation becomes more desperate, they become more human. This is as much Hemingway as it is horror show. Speaking of horror ... what did you think about those wolves? Did you buy it?

RC: For me the wolves were the least interesting part of the movie. They make for cunning foes, but Neeson's Wolf Whisperer character defanged some of the horror because he understood and was able to explain their behaviour. A dose of unpredictability might have been scarier for me. Having said that, I still wouldn't want to meet up with any of the movie's wolves, no matter how much CGI was involved.

CA: Ahhhh...I loved them. Of course, they are not based in reality by any stretch. But that's OK, neither was Bruce the Shark in Jaws. The wolves are death itself, stalking the men, toying with them, picking them off randomly and without warning in novel and gruesome ways. On that tip, The Grey is kind of the spiritual sister to the Final Destination films. OK, that may be a stretch, but the wolves and their almost supernatural presence really do push the film into an almost surreal area that I liked. And I'd be willing to bet some viewers won't like them for that very reason...

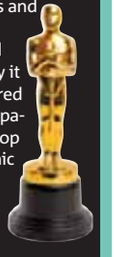
RC: The wolves, I guess, are the film's hook, but for me it's all about the characters. Come for the wolves! Stay for the characters!

CA: Well, whether it be wolves, sensitive manly men or a glimpse into the snowy hell that we've mercifully been spared this year, The Grey is spectacular entertainment.

2 scene

Scene in brief

Potential Oscar winners will now be a click away from winning a trophy. The Academy of Motion Picture Arts and Sciences announced Wednesday it has partnered with a company to develop an electronic voting system for next year's Academy Awards. Voting in the past has been compiled through paper ballots sent through the mail.



THE ASSOCIATED PRESS

Filmmakers defend radical-Islam documentary that was criticized by NYC mayor, Muslim groups

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Movies

See it twice | See it now | Worth watching | Yawn | Don't bother

One for the Money
Genre: Action/Comedy
Director: Julie Anne Robinson
Stars: Katherine Heigl, Jason O'Mara
⊕⊕
Based on Janet Evanovich's popular Stephanie Plum novels, One for the Money casts Katherine Heigl as an unemployed Jersey girl who desperately takes a job as a bounty hunter, which soon finds her tracking down a former lover. If that premise sounds overworked, wait until you witness the farcical characters, clunky dialogue and droll plotline that structure this threadbare action comedy.

Evanovich fans may be curious but Julie Anne Robinson's (Grey's Anatomy) adaptation, but it never really comes together.
STEVE GOW

Monsieur Lazhar
Genre: Drama/Comedy
Director: Philippe Falardeau
Stars: Fellag, Sophie Nelisse
⊕⊕⊕½
Philippe Falardeau's Oscar-nominated drama about an Algerian immigrant (Fellag) who unexpectedly takes over a Montreal elementary school class is smoothly directed and beautifully acted: the rapport between this unlikely educator and his charges is natural and unaffected. But the script, adapted from a play by Evelyne de la Cheneliere, is a little too on-the-nose, resulting in a film that's at once completely accomplished and kind of an open-and-shut case.
ADAM NAYMAN

Man on a Ledge
Genre: Thriller
Director: Asger Leth
Stars: Sam Worthington, Elizabeth Banks
⊕⊕
An effectively simple premise is ruined by endless convolutions in Man on a Ledge, which casts Sam Worthington as an ex-con who has mysteriously and perilously planted himself on the wrong side of a Manhattan hotel penthouse. Elizabeth Banks is good as the police psychologist assigned to talk him down, but Asger Leth's stilted, uneven direction fails to effectively balance their tête-à-tête against the heist-movie machinations that take over in the second half and consign Man on Ledge to forgettable thriller-of-the-week territory.
ADAM NAYMAN

#1 MOVIE IN CANADA
"KATE IS BACK IN BLACK AND BAD AS EVER!"
- GREG RUSSELL, THE MOVIE SHOW PLUS
KATE BECKINSALE
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AWAKENING
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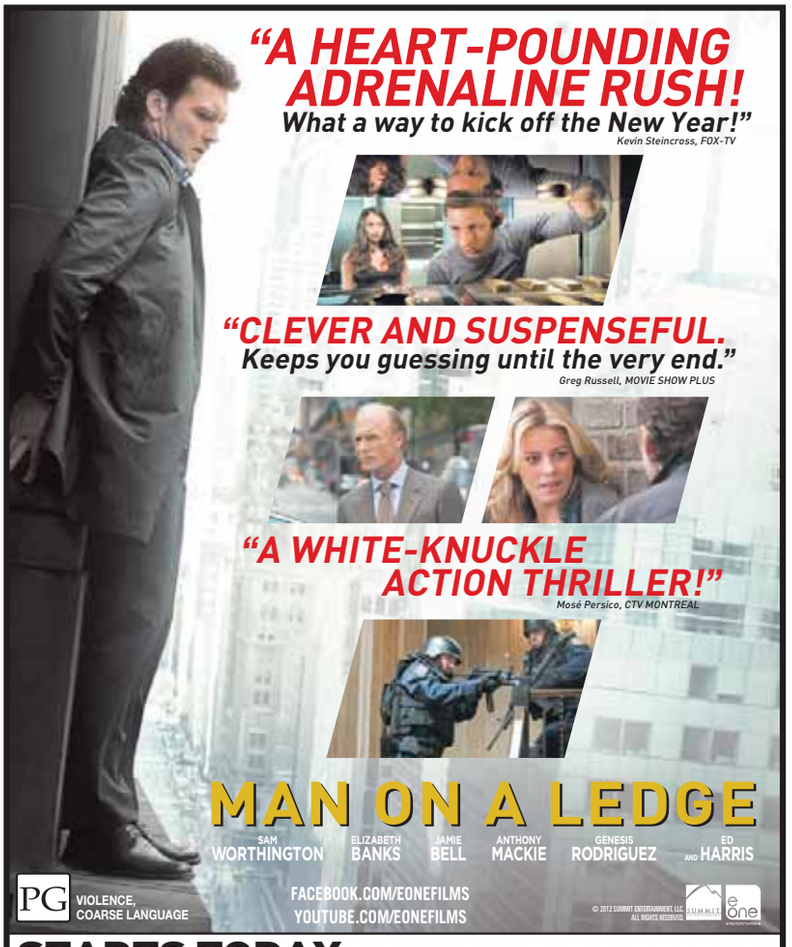
SONY


"A HEART-POUNDING ADRENALINE RUSH!
What a way to kick off the New Year!"
Kevin Steincross, FOX-TV
"CLEVER AND SUSPENSEFUL.
Keeps you guessing until the very end."
Greg Russell, MOVIE SHOW PLUS
"A WHITE-KNUCKLE ACTION THRILLER!"
Mosé Persico, CTV MONTREAL
MAN ON A LEDGE
SAM WORTHINGTON
ELIZABETH BANKS
JAMIE BELL
ANTHONY MACKIE
GENESIS RODRIGUEZ
AND ED HARRIS
PG
VIOLENCE, COARSE LANGUAGE
FACEBOOK.COM/EONEFILMS
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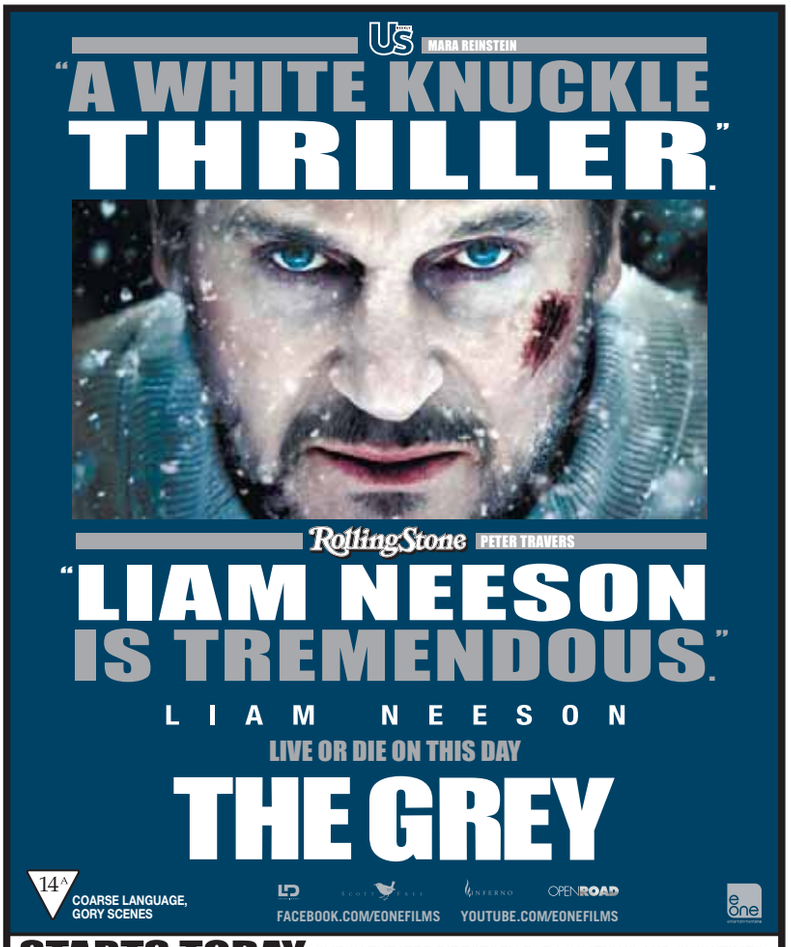
STARTS TODAY
CHECK THEATRE DIRECTORY FOR LOCATIONS AND SHOWTIMES


Us
MARA REINSTEIN
"A WHITE KNUCKLE THRILLER."
Rolling Stone
PETER TRAVERS
"LIAM NEESON IS TREMENDOUS."
LIAM NEESON
LIVE OR DIE ON THIS DAY
THE GREY
14A
COARSE LANGUAGE, GORY SCENES
FACEBOOK.COM/EONEFILMS
YOUTUBE.COM/EONEFILMS
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"A FUN GIRLS NIGHT OUT.... KATHERINE HEIGL NAILS IT AS THE BELOVED STEPHANIE PLUM."
Bonnie Laufer, TRIBUTE CANADA
"KATHERINE HEIGL IS THE PERFECT STEPHANIE PLUM... I've seen the movie and it's fabulous, and she's fabulous in it."
Janet Evanovich, AUTHOR
KATHERINE HEIGL
ONE FOR THE MONEY
BASED ON THE BEST-SELLING BOOK BY JANET EVANOVICH
PG
LANGUAGE MAY OFFEND
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WINNER CANADA'S TOP TEN 2011
★★★★★ NOW MAGAZINE
★★★★½ THE MONTREAL GAZETTE
"A MASTERFUL DRAMA, POIGNANT PERFORMANCES."
PETER HOWELL, TORONTO STAR
A MICRO_SCOPE PRODUCTION
MONSIEUR LAZHAR
ORIGINAL FRENCH VERSION WITH ENGLISH SUBTITLES
A FILM BY PHILIPPE FALARDEAU
WITH FELLAG
PG
MATURE SUBJECT MATTER
FACEBOOK.COM/EONEFILMS
YOUTUBE.COM/EONEFILMS
EXCLUSIVE ENGAGEMENT STARTS TODAY
CINEPLEX ENTERTAINMENT
EAU CLAIRE
WEEKEND SHOWTIMES:
7:15, 9:50 SAT/SUN MATS: 12:50, 3:40

Drew's Big Miracle

Drew Barrymore learns that a few whales can get stakeholders to put their agendas aside for a little while

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN HOLLYWOOD

Maybe this won't come as a surprise to many, but Drew Barrymore found it pretty easy to get into the mind of the Greenpeace crusader she plays in Big Miracle. "I spent a lot of time — a lot of time — with Cindy Lowery, the woman I play in the film," Barrymore says of her preparation for the part. (The character on screen goes by the name Rachel Kramer, though.) "And she's just rad and a total badass and super-cool and fun, and we really actually connected, which is the way you hope it will be, but maybe it will and maybe it won't. But we were like two peas in a pod. It was great."

Big Miracle tells a true tale about all types of people — feuding news anchors, Inuit natives, oil tycoons, even the Russian navy — coming together to help three gray whales trapped under the arctic ice off northern Alaska, cutting off their migration and threatening their lives. It wasn't just the natural drama of the story but also the amazing camaraderie involved in the rescue that attracted Barrymore to the project. "I just think seeing this story and living in it, you just appreciate that everybody put their agendas aside for a second to work on the same thing, and it's sort of peeling away the layers," she says. "I liked when I got to say to [Ted Danson's oil executive] character in the film, 'You're not as hard to hate as I thought.' I just liked that moment and thought what it would be like if you actually were stuck and got to know the people that you thought you were so different from."

While the Greenpeace crusader Barrymore plays in the film starts off shouting through a megaphone at a city council meeting, she doesn't want Big Miracle to have that level of preachiness. The goal, she says, was "making it personal rather than, like, soapbox-y — which I hope this film achieves or is good at. It's amazing how it touches on so many things that could be different today if they were different back then, but it doesn't do it in like a preachy, in-your-face kind of way. So I think the more you do speak from the heart rather than thumping the agenda... I just think that that's where people listen."

HANDOUT

▶ In Big Miracle, Drew Barrymore plays a Greenpeace crusader trying to save three gray whales.

Not getting jaded

Starting in entertainment as an infant, Drew Barrymore has had a long Hollywood career, considering she's only 36. And while she's found tremendous success in adulthood, the actress, writer, director and producer finds that the tough times are the key to keeping herself grounded. "I mean, it's just a choice, I suppose," she says of not taking success for granted. "I've also experienced in life that it really can all go away, so that was a wonderful thing to experience because then you really do appreciate what you have. So I've experienced a bit of both, which is really such a blessing."

Voldemort's 'accessible modern Shakespeare'

STEVE GOW
SCENE@METRONEWS.CA

Lord Voldemort has made his own movie. Or at least his alter-ego Ralph Fiennes has.

After two decades starring in some of Hollywood's most celebrated films, the lauded thespian behind Harry Potter's nemesis has turned out his directorial debut with a contemporary, challenging adaptation of Shakespeare's Coriolanus. Metro caught up with the actor recently to discuss the upcoming drama.

What was your approach behind the camera?

First of all, I was just motivated by an obsession with this story and the role. Why someone decides this is what they want to do I don't know — I've not analyzed it too closely — but I just wanted it to be an accessible modern Shakespeare.

HANDOUT

▶ A scene from the film Coriolanus.

Why did you think Coriolanus would make good modern adaptation?

I think there are so many things in it. (It) exposes a political and social dysfunction and I believe we're living in a time where everything is up for questioning and the systems we thought worked are not working.

And Coriolanus starts with the people protesting. Everything's crumbling.

You've worked with some great directors. Were there tricks from other filmmakers you borrowed from?

The best experiences I've had have been collaborative ones where I feel I've been included and that's a great feeling. Someone like Anthony Minghella (The English Patient) would do that and Neil Jordan (The End of the Affair) to some extent. But I was eager to bring everyone's ideas to the table, which is what I learned from someone particularly like Anthony Minghella.

Any other Shakespeare plays you'd like to tackle on the big-screen?

Oh yes, loads. I'm afraid I'm slightly a Shakespeare junkie.

There are a clutch of Shakespeare roles that I would love to tackle.

THESE PAGES COVER MOVIE START TIMES FROM FRI., JAN. 27 TO THURS., FEB. 2. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

CANYON MEADOWS
Bay 110 13226 Macleod Trail, 403-670-5444

50/50 (14A) Fri-Thu 9:40
Arthur Christmas (G) Fri-Thu 1:10-3:50-6:50
Courageous (PG) Fri-Thu 9:25
Happy Feet Two (G) Fri-Thu 1-4-7:15
The Ides of March (14A) Fri-Thu 1:05-4:05-7:05-9:55
Immortals (18A) Fri-Thu 9:45
J. Edgar (PG) Fri-Thu 3:45-6:50
Midnight in Paris (PG) Fri-Thu 12:50-4:15-7:30-10
Moneyball (PG) Fri-Thu 3:50-9:30
New Year's Eve (PG) Fri-Thu 12:45-4:7:20-9:50
Puss in Boots (G) Fri-Thu 1:30-4:10-6:45
The Sitter (14A) Fri-Thu 1:20-10:05
Tower Heist (PG) Fri-Thu 1:25-3:50-7:10-9:40
The Twilight Saga: Breaking Dawn Part 1 (PG) Fri-Thu 1:20-4:05-7-9:45
The Way (PG) Fri-Thu 12:55-6:55

CROWFOOT CROSSING
91 Crowfoot Terrace, 403-547-3316

The Adventures of Tintin 3D (PG) Fri-Thu 1:25-4:05-6:40-9:25
Beauty and the Beast 3D (G) Fri-Thu 12:40-3:20-6:50-9:20
Bolshoi Ballet Presents Sleeping Beauty Encore (STC) Sun 1
Contraband (14A) Fri-Thu 1:40-4:30-7:25-10:15
The Descendants (14A) Fri-Thu 1:10-3:55-7:35-10:15
Extremely Loud & Incredibly Close (PG) Fri-Tue 12:45-3:40-7-9:55 Wed 3:40-7-9:55 Thu 12:45-3:40-7-9:55 Star & Strollers Screening Wed 1
The Girl With the Dragon Tattoo (18A) Fri-Thu 2-6:30-10
The Grey (14A) Fri-Thu 12:50-3:30-7:40-10:20
Haywire (14A) Fri-Sat 1:20-3:50-7:30-9:45 Sun 1:20-4:20-7:30-9:45 Mon-Thu 1:20-3:50-7:30-9:45
Man on a Ledge (PG) Fri-Tue 1:20-4-7:20-9:50 Wed 4-7:20-9:50 Thu 1:20-4-7:20-9:50 Star & Strollers Screening Wed 1
Mission: Impossible — Ghost Protocol (14A) Fri-Thu 1:4:05-7:10-10:10
Sherlock Holmes: A Game of Shadows (STC) Fri-Sat 1:30-4:35-7:35-10:25 Sun 4:35-7:35-10:25 Mon-Thu 1:30-4:35-7:35-10:25
Underworld: Awakening 3D (18A) Fri-Thu 1:35-4:10-7:45-10:05

EAU CLAIRE MARKET
200 Barlay Parade, 403-263-3166

The Artist (PG) Fri 6:45-9:40 Sat 1-3:50-6:45-9:40 Sun 1-3:50-6:40-9:35 Mon-Thu 6:40-9:35
A Dangerous Method (14A) Fri 7:30-10:10 Sat 1:10-4-7:30-10:10 Sun 1:10-4-7:10-9:40 Mon-Thu 7:10-9:40
The Girl With the Dragon Tattoo (18A) Fri 8 Sat-Sun 12:20-4:10-8 Mon-Thu 8
Monsieur Lazhar (PG) Fri 7:15-9:50 Sat 12:50-3:40-7:15-9:50 Sun 12:50-3:40-7-9:45 Mon-Thu 7-9:45
Shame (18A) Fri 6:30-9:30 Sat-Sun 12:40-3:20-6:30-9:30 Mon-Tue 6:30-9:30 Wed 9:55 Thu 6:30-9:30
Tinker Tailor Soldier Spy (STC) Fri 7-10 Sat 12:30-3:30-7-10 Sun 12:30-3:30-6:50-9:50 Mon-Thu 6:50-9:50

EMPIRE STUDIO 16 COUNTRY HILLS
388 Country Hills Blvd., 403-686-8491

The Adventures of Tintin (PG) Stadium Seating, SR Dolby Digital Fri-Sun 12:40
Agneepath (STC) Stadium Seating, SR Dolby Digital Fri-Sun 1-5-9:15 Stadium Seating, SR Dolby Digital Mon-Thu 5-9:15
Back to the Sea 3D (G) Stadium Seating, SR Dolby Digital Fri-Sun 12:35-3:15-6:30 Stadium Seating, SR Dolby Digital Mon-Thu 3:15-6:30

▶ Red Tails

Beauty and the Beast 3D (G) Stadium Seating, SR Dolby Digital Fri-Sun 1:10-3:30-6:45 Stadium Seating, SR Dolby Digital Mon-Thu 3:30-6:45
Contraband (14A) Stadium Seating, SR Dolby Digital Fri-Sun 12:45-3:40-7:10-10:10 Stadium Seating, SR Dolby Digital Mon-Thu 3:40-7:10-10:10
Extremely Loud & Incredibly Close (PG) Stadium Seating, SR Dolby Digital Fri-Sun 12:20-3:40-6:40-9:45 Stadium Seating, SR Dolby Digital Mon-Thu 3:40-6:40-9:45
The Girl With the Dragon Tattoo (18A) Stadium Seating, SR Dolby Digital Fri-Thu 9:05
The Grey (14A) SR Dolby Digital, Stadium Seating Fri-Sun 1:50-4:15-7:40-10:05 SR Dolby Digital, Stadium Seating Mon-Thu 4:15-7:40-10:05
Haywire (14A) Stadium Seating, SR Dolby Digital Fri-Sun 1:40-4:20-7:50-10:20 Stadium Seating, SR Dolby Digital Mon-Thu 4:20-7:50-10:20
Hugo 3D (PG) Stadium Seating, SR Dolby Digital Fri-Sun 12:15-3:10 Stadium Seating, SR Dolby Digital Mon-Thu 3:10
The Iron Lady (PG) Stadium Seating, SR Dolby Digital Fri-Sun 12:10-3:25-6:40-9:30 Stadium Seating, SR Dolby Digital Mon-Thu 3:25-6:40-9:30
Joyful Noise (PG) Stadium Seating, SR Dolby Digital Fri-Sun 12:3:20-6:35-9:25 Stadium Seating, SR Dolby Digital Mon-Thu 3:20-6:35-9:25
Man on a Ledge (PG) Stadium Seating, SR Dolby Digital Fri-Sun 1:20-4:05-7-9:50 Stadium Seating, SR Dolby Digital Mon-Thu 4:05-7-9:50
Mission: Impossible — Ghost Protocol (14A) Stadium Seating, SR Dolby Digital Fri-Sat 3:50-6:55-9:55 Stadium Seating, SR Dolby Digital Sun 3:50-9:55 Stadium Seating, SR Dolby Digital Mon-Thu 3:50-6:55-9:55
One for the Money (PG) Stadium Seating, SR Dolby Digital Fri-Sun 12:30-3:7:25-9:50 Stadium Seating, SR Dolby Digital Mon-Thu 3-7:25-9:50
Red Tails (PG) Stadium Seating, SR Dolby Digital Fri-Sun 12:50-4:7:15-10:15 Stadium Seating, SR Dolby Digital Mon-Thu 4-7:15-10:15
Sherlock Holmes: A Game of Shadows (STC) Stadium Seating, SR Dolby Digital Fri-Sun 12:25-3:35-7:05-10:10 Stadium Seating, SR Dolby Digital Mon-Thu 3:35-7:05-10:10
Underworld: Awakening — An IMAX 3D Experience (18A) Stadium Seating Fri-Sun 1:30-3:55-7:20-9:40 Stadium Seating Mon-Thu 3:55-7:20-9:40
Underworld: Awakening 3D (18A) Stadium Seating, SR Dolby Digital Fri-Thu 6:50-9:10
War Horse (PG) Stadium Seating, SR Dolby Digital Fri-Thu 9
WWE: Royal Rumble (STC) Stadium Seating, SR Dolby Digital Sun 5

EMPIRE STUDIO 10 MACLEOD TRAIL
100-16061 MacLeod Trail, 403-974-0470

Beauty and the Beast 3D (G) Digital Presentation, Stadium Seating Fri-Thu 1:15-4-6:50-9:20
Contraband (14A) Digital Presentation, Stadium Seating Fri-Thu 1:30-4:20-7:20-10:10
Extremely Loud & Incredibly Close (PG) Digital Presentation, Stadium Seating Fri-Tue 12:20-3:30-6:40-9:50 Digital Presentation, Stadium Seating Wed 3:30-6:40-9:50 Digital Presentation, Stadium Seating Thu 12:20-3:30-6:40-9:50 Digital Presentation, Stadium Seating Wed 1
The Girl With the Dragon Tattoo (18A) Digital Presentation, Stadium Seating Fri-Thu 9:30
The Grey (14A) Digital Presentation, No Passes, Stadium Seating Fri-Thu 12:40-4:10-7:30-10:20
Haywire (14A) Digital Presentation, Stadium Seating, No Passes Fri-Thu 2-4:40-8-10:30
Joyful Noise (PG) Digital Presentation, Stadium Seating Fri-Thu 12:30
Mission: Impossible — Ghost Protocol (14A) Digital Presentation, Stadium Seating Fri-Wed 12:50-3:50-7:10 Digital Presentation, Stadium Seating Thu 3:50-7:10
One for the Money (PG) Digital Presentation, No Passes, Stadium Seating Fri-Thu 1-3:40-7:10-9:45
Red Tails (PG) Digital Presentation, Stadium Seating Fri-Thu 12:15-3:15-6:30
Sherlock Holmes: A Game of Shadows (STC) Digital Presentation, Stadium Seating Fri-Thu 3:20-6:20-9:40
Underworld: Awakening (18A) Digital Presentation, No Passes, Stadium Seating Fri-Thu 1:45-4:30-7:45-10:15

GLOBE CINEMA
617-8 Avenue, 403-262-3308

The Descendants (14A) Fri 6:50 Sat-Sun 1-3:20-6:50 Mon-Thu 6:50
The Iron Lady (PG) Fri 7-9:10 Sat-Sun 1:10-3:30-7-9:10 Mon-Thu 7-9:10
My Week With Marilyn (14A) Fri-Thu 9:15

MOVIEDOME
1039 999 36 St. N.E., 403-248-2000

Arthur Christmas (G) Fri-Thu 12:45-3:40-6:45-9:40
The Darkest Hour (PG) Fri-Thu 1:10-4:05-7:10-10
Happy Feet Two (G) Fri-Thu 12:55-3:45-6:55-9:45
Jack and Jill (PG) Fri-Thu 1:05-3:50-7:05-9:55
New Year's Eve (PG) Fri-Thu 12:50-3:25-6:50-9:25
Puss in Boots (G) Fri-Thu 1-3:55-6:40-9:35
The Sitter (14A) Fri-Thu 1:15-4-7:15-10:05
Tower Heist (PG) Fri-Thu 1-3:35-7-9:50
The Twilight Saga: Breaking Dawn Part 1 (PG) Fri-Thu 12:40-3:30-6:45-9:30

SCOTIABANK CHINOOK
6455 MacLeod Trail, 403-212-8994

The Adventures of Tintin 3D (PG) Fri-Thu 12:50-3:50-7:05-9:50
Alvin and the Chipmunks: Chipwrecked (G) Fri-Thu 1:30-3:50
Back to the Sea (G) Fri-Thu 12:50-3:10-5:35
Beauty and the Beast 3D (G) Fri-Thu 12:30-2:50-5:10-7:30
Bolshoi Ballet Presents Sleeping Beauty Encore (STC) Sun 1
Chemical Brothers: Don't Think (STC) Wed 7
Contraband (14A) Fri-Thu 1:30-4:30-7:15-10:05
The Devil Inside (14A) Fri-Sun 8-10:20 Mon 10:20 Tue 8-10:20 Wed 10:20
Extremely Loud & Incredibly Close (PG) Fri-Thu 1:15-4:15-7:15-10:10
The Girl With the Dragon Tattoo (18A) Fri-Thu 2:30-6:30-10
The Godfather (14A) Mon 6:30
The Grey (14A) Fri-Wed 1:35-4:40-7:45-10:30 Thu 1:35-4:40-7:40-10:30
Haywire (14A) Fri 12:45-3:10-5:40-8:05-10:25 Sat 12:45-3:30-5:40-8:05-10:25 Sun 12:45-3:10-5:40-8:05-10:25 Mon 12:45-3:10-7:55-10:25 Tue 12:45-3:10-5:40-8:05-10:25 Wed 12:45-3:10-8:05-10:25 Thu 3:10-5:40-8:05-10:25 Star & Strollers Screening Thu 1
Hugo 3D (PG) Fri-Thu 12:45-3:35-6:45-9:45
The Iron Lady (PG) Fri-Thu 1-4-7-9:50
Kevin Smith: Live From Behind (STC) Thu 7:30
Man on a Ledge (PG) Fri-Wed 1:10-4:30-7:25-10:15 Thu 1:10-4:30-7:45-10:15
The Metropolitan Opera: Rodelinda Encore (STC) Sat 10:30
Mission: Impossible — Ghost Protocol (14A) Fri 12:30-3:30-7:20-10:20 Sat 3:30-7:20-10:20 Sun 10:20 Mon-Thu 12:30-3:30-7:20-10:20
Mission: Impossible — Ghost Protocol: The IMAX Experience (14A) Fri-Sun 1-4-7-10
One for the Money (PG) Fri-Sat 1:10-3:40-6:50-9:30 Sun 1:10-3:40-6:50-9:40 Mon-Wed 1:10-3:40-6:50-9:30 Thu 3:40-6:50-9:30 Star & Strollers Screening Thu 1
Red Tails (PG) Fri-Thu 7:30-10:25
Sherlock Holmes: A Game of Shadows (STC) Fri-Thu 12:55-3:55-7:05-10:05
Underworld: Awakening 3D (18A) Fri-Thu 1:15-3:30-5:50-8:10-10:30
War Horse (PG) Fri-Thu 9:50
WWE Royal Rumble - 2012 (STC) Sun 6

PLAZA THEATRE
1133 Kensington Rd. N.W., 403-283-3636

Café de Flore (14A) Fri-Mon 7
World's Best Commercials 2011 (STC) Fri-Sat 9 Sun 1-9 Mon-Tue 9 Wed-Thu 9:30

SUNRIDGE SPECTRUM
2555 32nd Street, 403-717-1200

Agneepath (STC) Fri-Thu 12:50-4:35-8:15
Alvin and the Chipmunks: Chipwrecked (G) Fri-Sun 12:10-2:30-5:7:10 Mon-Thu 2:30-5-7:20
Beauty and the Beast 3D (G) Fri-Sun 12-2:20-4:40-7:10-9:30 Mon-Thu 2:20-4:40-7:05-9:30
Contraband (14A) Fri-Sun 1:15-4-7-10 Mon-Thu 1:20-4-6:55-10
The Devil Inside (14A) Fri-Sat 1:40-4:05-6:40-9:25 Sun 1:40-4:05-9:45 Mon-Wed 1:30-3:50-6:45-9:35 Thu 1:30-3:50
Extremely Loud & Incredibly Close (PG) Fri-Sun 12:40-3:50-7:15-10:15 Mon-Thu 1:15-4:15-7:10-10:15
The Girl With the Dragon Tattoo (18A) Fri-Thu 9:50
The Grey (14A) Fri-Sun 1:30-4:30-7:30-10:20 Mon-Thu 1-3:55-7:15-10:20
Haywire (14A) Fri-Sun 1:05-3:40-6:50-9:35 Mon-Thu 1:35-4:25-6:50-9:45
Joyful Noise (PG) Fri-Thu 3:05
Kevin Smith: Live From Behind (STC) Thu 7:30
Man on a Ledge (PG) Fri-Sun 12:15-2:50-5:20-8:10:35 Mon-Tue 1:25-4:05-7:35-10:15 Wed 4:05-7:35-10:15 Thu 1:25-4:05-7:35-10:15 Star & Strollers Screening Wed 1
Mission: Impossible — Ghost Protocol (14A) Fri-Sun 12:25-3:35-6:45-9:55 Mon-Thu 1:05-4:20-7:25-10:30
One for the Money (PG) Fri-Sun 12:35-3-5:25-7:45-10:10 Mon-Tue 12:55-3:45-7:40-10:10 Wed 3:45-7:40-10:10 Thu 12:55-3:45-7:40-10:10 Star & Strollers Screening Wed 1
Red Tails (PG) Fri-Sun 1:10-4:10-7:05-10:05 Mon-Thu 1:10-4:10-7-10:05
Sherlock Holmes: A Game of Shadows (STC) Fri-Sun 12:05-6:35-9:45 Mon-Thu 6:40-9:55
Underworld: Awakening 3D (18A) Fri-Sun 1-3:25-5:45-8:10-10:40 Mon-Thu 2:05-4:30-7:30-10:25
WWE Royal Rumble - 2012 (STC) Sun 6

THE UPTOWN STAGE & SCREEN
612 8th Ave. S.W., 403-265-0120

Listings not available at press time.@Cinema name Theatre 6:Westhills 10
165 Stewart Green, 403-246-5291

The Adventures of Tintin 3D (PG) Fri-Sun 1:35-4:05-6:40-9:20 Mon-Wed 5:45-8:10 Thu 5:45
The Artist (PG) Fri-Sun 1-3:55-6:50-9:40 Mon-Thu 5:55-8:55
Beauty and the Beast 3D (G) Fri-Sun 12:45-3:10-7:10-9:30 Mon-Thu 5:25-7:40
The Descendants (14A) Fri-Sun 1:10-4-6:30-9:10 Mon-Thu 6-8:30
Extremely Loud & Incredibly Close (PG) Fri-Sun 12:30-3:20-7:05-10 Mon-Thu 5:30-8:20
The Girl With the Dragon Tattoo (18A) Fri-Sun 12:20-3:40-7-10:15 Mon-Thu 5:20-8:40
The Grey (14A) Fri-Sun 12:40-3:25-7:25-10:25 Mon-Thu 5:35-8:15
Mission: Impossible — Ghost Protocol (14A) Fri-Sun 1:20-4:15-7:35-10:30 Mon-Wed 5:50-8:45 Thu 8:45
Tinker Tailor Soldier Spy (STC) Fri-Sun 12:35-3:30-7:20-10:20 Mon-Thu 5:20-8:15
Underworld: Awakening 3D (18A) Fri-Sun 1:30-4:25-7:55-10:10 Mon-Thu 6:10-9

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Common explains his Drake rap feud

- The rapper/actor says there is nothing left to say on the brief battle
- Despite that, Common goes out of his way to name names on a track

CHRIS PIZZELLO/THE ASSOCIATED PRESS

▶ Common, a cast member in LUV, performs a dance move during his concert at the Express post-premiere party for the film at the 2012 Sundance Film Festival.

The Sundance Film Festival became the unlikely centre of hip hop's latest feud when actor-turned-rapper Drake and rapper-turned-actor Common came to town.

Common was promoting his role in upcoming family drama LUV, while Drake was performing at one of the many late-night parties.

The two have traded insults recently via their raps, but Common said he didn't want to say anything else about Drake not in rhyme form.

"I feel like I said everything I really needed to say on the record. I just looked at it as like 'Hey, it's just a hip hop battle,'" he explained in an interview this week. "The time to talk is on record as far as I'm concerned. If we in the ring, then we just handle our business in the ring."

Common had the most recent entry into the battle, by adding his verse to a Rick Ross song and naming Drake directly — a move that the Chicago native said he felt obligated to make.

"Ice Cube, when he was going at N.W.A., once he left N.W.A., you knew who it was. Jay-Z and Nas — Jay-Z said, 'Smarten up, Nas.' And you just knew. Cats would say names," he continued.

"So that's just the way that I feel like you've got to do it. I don't want to leave anything — I don't want anybody else to think I'm talking about them. I want you to know, 'Hey this is who I'm talking to.'"

"The time to talk is on record as far as I'm concerned. If we in the ring, then we just handle our business in the ring."
COMMON

Common, known more lately for his acting than his rapping, started the battle with a song called Sweet on his new album, The Dreamer/The Believer.

"He (Drake) felt offended by it. And the song is really discussing how hip hop has a softer side," said Common.

"And I made it clear that I'm not talking about anyone specifically. For me it was no different than when Jay-Z addressed with DOA, he was talking about Auto-Tune."

THE ASSOCIATED PRESS

SONGS FOR THAT LONG, LONG RIDE

SOUND CHECK

ALAN CROSS
SCENE
@METRONEWS.CA

It used to be that the length of a song was limited by the maximum capacity of the recording media.

With 78s, you couldn't have a track much more than four minutes. To get six on a 45 was pushing it. An LP? Probably maxed out at around 24 minutes. Cassettes could be pushed to 60 minutes. A CD starts to get cranky after 75 minutes.

But in the world of electronic media, there's no limit to how long a recording can be. Naturally, some people are interested in exploring the limits of this.

Chris Butler, the composer who wrote Christmas Wrapping for the Waitresses, had his 68 minute, 500-verse song The Devil Glitch nominated for a Grammy in 1998. He's since expanded it to two hours and 53 minutes and renamed it The Major Glitch.

Not content with releasing a six hour song called I Found This Star on the Ground, The Flaming Lips issued the 24-hour-long 7 Skies H3 on a USB key set inside a real human skull. They sold all 13 copies for $5,000 each.

But then we come to Daniel Starr-Tambor, who has written a piece called Mandala. It's complicated, but it involves in assigning each planet in the solar system a music note and harnessing the rhythmic elements of our corner of the universe. From there, it gets complicated.

But the numbers are mind-boggling. Using these parameters and the 62 vigintillion individual notes (that's 62 followed by 63 zeroes) available, Mandala will last 532,250,000,000,000,000,000,000 years. And once it's over, it's time for the extended dance mix, of course.

ALAN IS THE HOST OF THE RADIO SHOW THE SECRET HISTORY OF ROCK. REACH HIM AT ALAN@ALANCROSS.CA

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Lea: We kinda wanna be ya

Glee gal Lea Michele is livin' large, surrounded by Candie's fancy things

Former brand spokeswomen include Fergie and Britney Spears

CANDIE'S/THE ASSOCIATED PRESS

▶ Livin' la vida lovely: Lea Michele in Beverly Hills. Michele stars in Candie's new ad campaign, dubbed Hanging at Home.

Lea Michele is moving from a locker to a much bigger closet. She's the star of the new Candie's ad campaign, dubbed Hanging at Home, shot at a private mansion in Beverly Hills.

The images show her poolside, in the kitchen, in a bed with satin sheets and in a walk-in closet, wearing a new outfit and pair of shoes in each one.

The 25-year-old star of Glee is following in the high-heel footprints of former brand spokeswomen Britney Spears and Fergie, among others.

Michele says she particularly liked Spears' old ads.

"I think they're fun and flirty and show off her body great."

Michele does a little showing off here, too, with some sexy poses, some silly poses and some glamorous ones.

Anyone who has seen Michele do a turn on the red carpet knows she has her moves down for the camera. She has become a "get" for designers eager to show off their gowns on a hot young starlet.

At the recent Golden Globes, she wore a silver Marchesa gown that was straight from the runway.

Her sentimental favourite gown, though, was probably the one she wore to her first Globes in 2010: a black, strapless Oscar de la Renta with a full skirt. Here's a few other tidbits from Michele in an email interview.

What was your wardrobe like in high school?

My wardrobe in high school was very simple. Jeans and maybe a sweatshirt and sneakers.

Is there a style trend that you love?

I love wide-leg, high-waisted pants. If done the right way, they're very chic.

Is there a trend you wish would go away?

Feathers in people's hair!

Do you have a guilty pleasure?

I LOVE beauty products. Face and body creams are my obsession.

THE ASSOCIATED PRESS

TV picks

Fringe coming to an end?

SCI-FI SHOW HANGS ON. Ominous comments from a Fox executive have Fringe fans fretting that their beloved show could be similarly coming to an end soon. Friday's episode finds Olivia coping with an ominous warning from the Observers. Peter and the team, meanwhile, track a girl with the ability to predict death. (Fox, Citytv)

Chuck gets, well, chucked.

SERIES END. An underdog through its entire run, the spy comedy Chuck closes out its fifth and final season with Friday's two-hour series finale. Constantly perched on the brink of cancellation, the show survived thanks to multiple fan campaigns. But the show's producers wrapped things up the way they wanted to with tonight's farewell, in which Sarah returns from a mission with a big secret and Ellie and Awesome have a life-altering opportunity. (NBC, CHCH)

Blowing around the Windy City

MEDIATING STREET-LEVEL CONFLICTS. The critically lauded, Oscar-nominated 1994 documentary Hoop Dreams created a portrait of two aspiring hoopsters living in inner-city Chicago. Director Steve James returned to the Windy City for his 2011 doc, The Interrupters, airing Saturday on CBC NN. The film focuses on a few brave souls trying to defy the tide of bloodshed on Chicago streets by putting themselves in harm's way.

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Fake it until you make it

Suits star Patrick J. Adams 'blown away' by SAG nomination
Plays a cocky but brilliant con artist-turned-lawyer
TO-bred actor was on the verge of quitting

He's a little-known actor from a little-known series from a little-known network.

And yet somehow Toronto-bred performer Patrick J. Adams broke through the noise to score one of Hollywood's most coveted honours — a Screen Actors Guild nomination for best actor in a TV drama series.

The star of USA Network's legal dramedy Suits, which airs on Bravo in Canada, marvels over the A-list company he's suddenly keeping as part of an elite group being honoured at a glitzy televised bash Sunday.

Fellow nominees include Steve Buscemi of Boardwalk Empire, Kyle Chandler of Friday Night Lights, Bryan Cranston of Breaking Bad and Michael C. Hall of Dexter.

"I think it was a surprise to everybody but a surprise to no one more than me," Adams says of his inclusion on such an auspicious list.

It's been a year of many firsts for the affable 30-year-old, whose career has ignited with his turn as a cocky but brilliant con artist-turned-lawyer on Suits.

Adams is also set to appear on the hotly anticipated horse-track drama Luck, debuting Sunday on HBO Canada, as a financial wizard who works closely with gangster Ace Bernstein, played by Dustin Hoffman.

The Canuck's first industry nomination (and his first chance to wear a tuxedo, he points out) is all the more remarkable given that he was on the verge of quitting the business not too long ago.

Less than a year before getting Suits, Adams says he was fired from NBC's beleaguered summer sitcom Friends With Benefits (he was replaced with Ryan Hansen of Party Down). That humiliation capped a decade of guest starring roles on "basically every television show ever made," he says from his home in Los Angeles.

"I was in that typical actor position where I was ready — I had my bags packed and my ticket out of town — to just go and figure out how to become a community theatre actor in Toronto or something," he notes.

"I was done with the rat race and thought that me being fired was a definite sign that I just sort of wasn't built for the business. And then something like this happens and here I am... going to this awards show on Sunday."

THE CANADIAN PRESS

HANDOUT

▶ Patrick Adams as Mike Ross on Suits.

"I think I'm still unpacking all of my feelings about it. On the one hand I'm still so blown away and still don't quite believe that it happened but on the other hand I'm really trying to own it and find a way to be like, 'Yeah, OK. You do good work and you work hard and you deserve this." PATRICK J. ADAMS

Adams' ambition

Patrick J. Adams' bid for stardom started at age 19, when he left Toronto to study theatre at the University of Southern California.

One of his first gigs out of school was the ABC Family movie Christmas in Boston. It was shot in Toronto.

Warning: Will act if there are aliens involved

Former Friday Night Lights star takes to the world of sci-fi B.C.-born actor appears in two big films this year

The Friday Night Lights are far beyond Taylor Kitsch now. These days, if he sees something bright on the horizon, chances are it is extraterrestrial.

"That's how I pick my roles," the 30-year-old British Columbia-born actor explained. "'Wait, is there aliens in it? Oh well, why am I doing it, why would you call me if there are no aliens in it?' That's basically how it goes."

He's joking, but it's true. Kitsch has leading roles in two big movies this year — Battleship and John Carter — that will see him leave the small town Texas football scene of the critically acclaimed FNL TV series for the big screen world of sci-fi.

First up is Disney's interpretation of Edgar Rice Burroughs' novel, released in March. John Carter sees Kitsch play a former military captain who is transported to Mars, a planet being torn apart by war.

It's directed by Andrew Stanton — of Finding Nemo and WALL-E fame — who is helming his first live-action movie.

Carter gets caught up in the conflicts and jumps into battle with a sword, loin cloth and plenty of muscle. Kitsch said Stanton insisted on a grueling regimen to get him mentally and physically prepared.

"It's the most boring diet you could think of, really. It was four months before and seven months during, so an 11-month regimen with that. Good times," he told The Associated Press in an interview.

"Training at 4:30 in the morning before you go to work, and then training for the four months before as well. And then during the day, you're training as well before takes."

But he said it was portraying Carter's feelings that really drained him.

"I'd say the emotion is probably the toughest thing. It's quite heavy some of the stuff he goes through," he said.

After that, it's Peter Berg's Battleship, which also stars Liam Neeson, Alexander Skarsgard and features Rihanna in her movie debut. Loosely based on the classic naval combat game from Hasbro, it sees five ships take on another five ships from a different planet.

The Canadian actor says he really enjoyed collaborating with his old FNL executive producer Berg on his Battleship role of naval officer Lt. Alex Hopper. There are still aliens but this time instead of a dusty planet there's a lot of ocean. Kitsch says he found his sea legs pretty quickly, which was good because the crew spent several weeks shooting on the water and some scenes had him blown straight into the ocean.

"So many variables come into play, obviously time consuming, you're always fighting the light apparently when you're shooting outside," he noted.

Still, Kitsch was very happy with the result.

"It's seamless the way they've done it," he said.

THE ASSOCIATED PRESS

FRANK CONNOR/DISNEY ENTERPRISES, THE ASSOCIATED PRESS

▶ Canadian actor and model Taylor Kitsch is pictured in a scene from the epic science fiction film John Carter.

Coming soon

- Taylor Kitsch will be at the centre of two big films in the coming months. Disney's John Carter is set for a March release, while Battleship reaches U.K. theatres April 13 before hitting North America in May.

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Eyes on the prize

Kristen Bell is happy about her return to television in the new comedy House of Lies The show debuts Sunday night on Showtime

Kristen Bell is such a fan of Homeland that she just had to tell the cast of the hit Showtime drama at a recent party.

"I felt at one point one of them kind of take a step back like, 'She's a little intense,' and then I got insecure like, 'Oh, no, you're THAT person,'" she relates.

Now Bell is sharing a network with her favourite show with her new series, House of Lies, about a management consulting firm that specializes in damage control. The show debuts Sunday night at 10 p.m. EST on Showtime.

The 31-year-old Bell first wowed critics playing a teen private investigator on the smart series Veronica Mars, which debuted in 2004 and aired for three seasons.

The film industry took notice and began casting her in such movies as Forgetting Sarah Marshall and Couples Retreat. She also narrates Gossip Girl as the show's title character.

Bell realized she missed TV but wanted to do something edgier than anything she had done before. She also liked the idea of being part of an ensemble cast. She found what she was looking in House of Lies.

The blistering comedy stars Don Cheadle as a slick, ruthless management consultant. Bell plays the ambitious Jeannie, who loves the high life but can flirt with the low life.

"If he's a great actor he's an even cooler person and I don't think there's a ton of people you can say that about," Bell says about Cheadle. "But he's a really genuine, grounded, nice, funny guy."

Bell is engaged to Dax Shepard, who co-stars on the drama Parenthood on NBC. The two recently produced and starred in a film together called Outrun, which is expected to hit theatres next summer.

"We actually grew closer by spending every single minute together for about nine weeks," she says.

"We drove to work together and we came home together. ... It's very organic for us to spend every moment together. We're severely co-dependent. It's a disease!"

THE ASSOCIATED PRESS

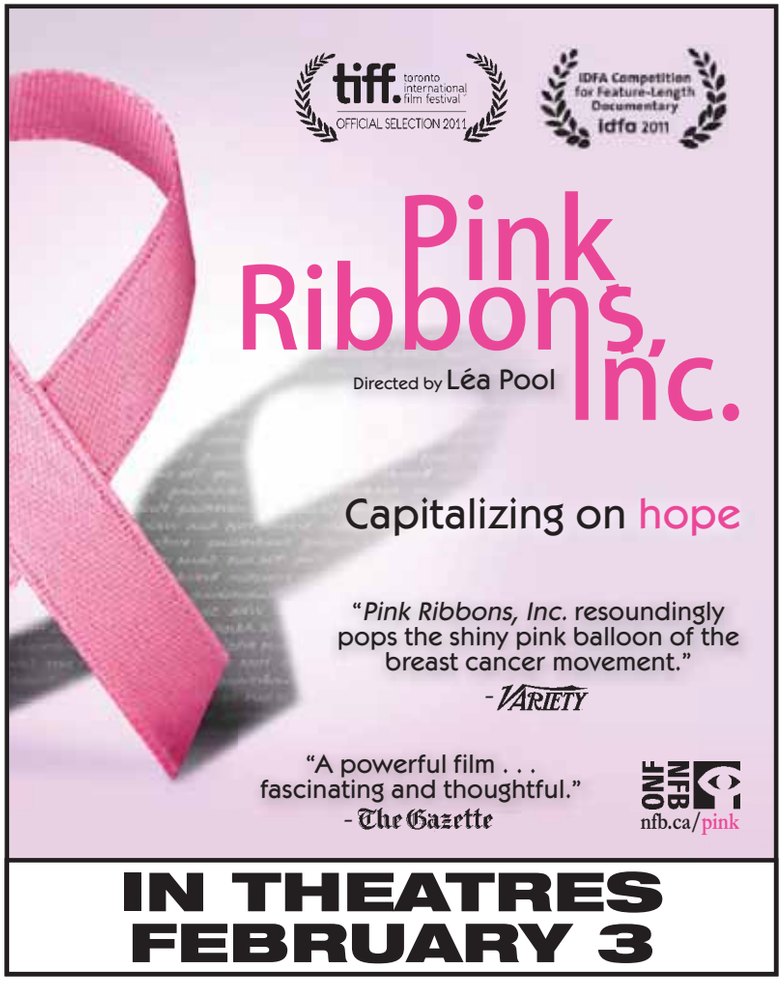
Bell-ieve it

Kristen Bell, who grew up in suburban Detroit, trained in opera and performed in community theatre.

- **Acting chops:** She went on to study at New York University, where she won a role her senior year in the 2001 Broadway musical The Adventures of Tom Sawyer, which ran for less than a month.
- **California girl:** Bell says she misses musical theatre but doesn't feel comfortable leaving her family and friends in California for a long stretch of time in New York.

CARLO ALLEGRI/THE ASSOCIATED PRESS

▶ Actress Kristen Bell poses for a portrait in New York earlier this month.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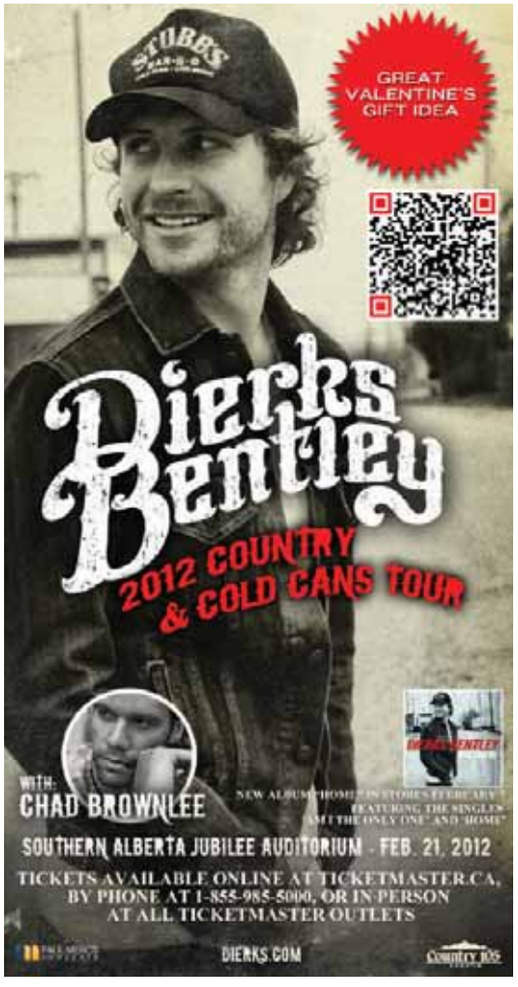
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Say it ain't so, Demi

Actress' trip to hospital caused by inhalant, according to report

THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA

This is a hard one to really believe: The substance that reportedly put Demi Moore in the hospital was nitrous oxide, a gas most commonly used in dentist's offices and whipped cream cans that is also popular on the concert tailgating scene, according to TMZ.

A friend of Moore's reportedly called 911 after the actress had an adverse reaction to a "whippet," a small canister of nitrous oxide that can be inhaled. But friends say the most recent incident — which landed Moore in rehab — was just the latest in a long downward slide.

"Really, it was over the last year her friends saw a change," the source tells People magazine.

"She wasn't sleeping as well, didn't seem to be eating and looked really gaunt."

Whatever it was, Moore was released from the hospital yesterday.

There's no word on her next steps. But let's hope she'll take better care of herself — and will stay clear from any Disco Biscuit concerts in the near future.

ALL PHOTOS BY GETTY IMAGES

▶ Demi Moore

Celebrity tweets

@OfficialKat

I was reading an Evelyn Waugh book, looked up and said to myself, "why doesn't anyone talk like this anymore"

@wecraven

Hire all first-time actors, shoot it on iPhone in one room and hire someone cheaper than me to direct.

@ActuallyNPH

I'm a big fan of our President. He's rad.

@MiaFarrow

Setting up dream. I'll be a Navy Seal rescuing captives in umm maybe Somalia. Bad guys'll never know what hit them.

Oprah a godmother to Blue Ivy Carter?

Beyoncé Knowles and Jay-Z have reportedly decided they want Oprah Winfrey to be their newborn daughter's godmother, according to Media Takeout.

A source close to the couple says they wanted to give the honour to someone not already related to one-month-old Blue Ivy Carter, ruling out Beyoncé's sister, Solange Knowles.

As for the little girl's godfather, the new parents have reportedly asked Jay-Z's best friend, Tyran "Ty Ty" Smith.

METRO

Oprah Winfrey

Can I get a 'D' for drunk?

There's a reason Pat Sajak and Vanna White were able to act excited every time a correct letter was guessed on The Wheel of Fortune — They were sloshed.

On ESPN's Dan Le Batard is Highly Questionable radio show Tuesday, Sajak told the host that back in the '80s, he and Vanna would down margaritas between shows and then stumble back to the set.

"Vanna and I would ... have two or three or six and then come and do the last shows and have trouble recognizing the alphabet. They're really good tapes to get a hold of. I had a great time," Sajak said.

▶ Wheel of Fortune host Pat Sajak

"I have no idea if the shows were any good, but no one said anything, so I guess I did OK."

But rest assured. Now that he's been hosting for more than 30 years (and is 65 years old) he's not on the sauce while handing out cars and cash prizes.

"I would be hesitant to have anything to drink now," he said.

So, now that we understand how Pat and Vanna got through the drudgery that was daily game show hosting back in the day, does anyone else wonder what Alex Trebek is on? Whippets? Or is that just Demi Moore's game?

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Winter grilling

Barbecuing isn't just for summer days. Try these winter tips:

- Always pre-heat your barbecue to 400 to 450 (f) at minimum, and adjust from there.
- Cooking times may change with cold; always use an instant read thermometer.
- Grill with the lid down — heat loss on a cold day is significantly greater than a warm summer day.

NEWS CANADA/ BROILKINGBBQ.COM

School lunches in U.S. have less sodium, more whole grains, fruits and veggies.

Beyond your comfort zone

PETER ROCKWELL
LIQUIDASSETS@EASTLINK.CA
TWITTER: @THEREALWINEGUY

Though no slouch in the unique grape varieties or colourful winemaking characters departments, South African wines still get the short end of the corkscrew from consumers.

Some of it is South Africa's fault (it never put forward a public personality for its wines) and some is Canadian wine buyers' fault (who talk a good game about wanting wines with personality then turn their noses up at anything that isn't from mass market).

The vineyards around Cape Town are arguably the most beautiful in the world, producing classically South African fruit in the form of chenin blanc and pinotage as well as familiar grapes like shiraz and sauvignon blanc.

If you're intrigued but still scared of drinking outside your comfort zone, South Africa is the new home of the most popular white grape on the liquor landscape: Pinot Grigio.

The 2011 Flat Roof Manor Pinot Grigio ($10.95 - $12.99) is a grape-forward PG from Stellenbosch with a modern look and hint of tropical fruit that matches creamy pasta sauces. **PRICES REFLECT THE RANGE ACROSS CANADA. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

Mmm... mushrooms

This classic dish is made better with low-sodium, home-made gravy

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA

This recipe is a dinnertime favourite at many tables. However, it is one for which some people use a can of soup. By making your own pan sauce, you help to reduce sodium and create flavour that is still big.

EMILY RICHARDS

This recipe serves four.

Mushroom Gravy Chicken Preparation:

1. In small bowl combine Italian herb seasoning, dried basil, black and hot pepper; set aside. Slice chicken breasts in half horizontally to get 4 pieces. Sprinkle herb mixture evenly on both sides of chicken.

2. In large nonstick skillet heat oil over medium high heat and brown breasts on both sides for about 5 minutes and remove to plate. Add onion, mushrooms and thyme and cook, stirring for about 10 minutes or until softened and golden. Sprinkle with flour and cook, stirring for 30 seconds. Pour in stock and bring to the boil, stirring. Return chicken to the skillet and simmer, turning occasionally for about 5 minutes or until chicken is no longer pink inside. **EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF.**

FOR MORE, VISIT EMILYRICHARDSCOOKS.CA

Ingredients:

- 1 tsp (5 mL) Italian herb seasoning
- 1/2 tsp (2 mL) dried basil
- 1/4 tsp (1 mL) pepper
- Pinch hot pepper flakes
- 2 boneless skinless chicken breasts (about 1 lb/450 g)
- 2 tsp (10 mL) extra virgin olive oil
- 1 large onion, thinly sliced
- 1 lb (500 g) cremini mushrooms, sliced
- 1 tsp (5 mL) dried thyme leaves
- 1 tbsp (15 mL) all purpose flour
- 1 1/2 cups (375 mL) sodium reduced chicken broth

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Don't expect reinforcements

THE HOCKEY NEWS

BRIAN COSTELLO
CALGARY@METRONEWS.CA

There's a very good chance Calgary will be more seller than buyer come NHL trade deadline, regardless of how well they play in February.

Make no mistake, the acquisition of Mike Cammalleri delivered the direct message from above the Flames are playing for the present rather than dive head-first into rebuild mode. But don't assume they're bringing in more hired guns.

For one, the Flames have scant cap room to remedy what's ailing them the most — unreliable and inconsistent secondary scoring. The astute deal to bring Cammalleri in from Montreal was surely the final magic trick in GM Jay Feaster's hat.

Anything coming in during February will be cosmetic, unless he can do the impossible and find a team willing to give up a scorer in exchange for high-priced ornaments like Matt Stajan and Jay Bouwmeester.

For another, the return of Stajan, David Moss, Curtis Glencross and Derek Smith from the injury list and Roman Horak from the minors over the next month, will make the roster size overbearing.

Fill-ins like Blair Jones and Lance Bouma are playing too well in support roles on the third and fourth lines to demote them to the AHL. But that's what could happen if and when everyone gets healthy.

When Smith's ready to re-join the Calgary blueline, does that make Cory Sarich an extra along with Anton Babchuk and Brett Carson?

BRUCE BENNETT/GETTY IMAGES

▶ A soon-to-be free agent like Tom Kostopoulos could be traded to restock the Flames' supply of draft picks.

So reinforcements aren't really necessary. Good health and crunch-time execution are.

After the Cammalleri trade, Feaster made it clear he'd like to find a way to replace the second-round draft pick in 2013 that went Montreal's way. Calgary is also without a second-round pick in 2012 because of the Chris Butler/Robyn Regehr trade last summer.

That's why it makes sense to suggest that a team fighting tooth and nail to make the playoffs will find it perfectly acceptable to trade from a position of depth in an effort to replenish some lost draft picks.

Tom Kostopoulos, Scott Hannan, Lee Stempniak, Sarich and Moss are unrestricted free agents in July. Perhaps one or two of them will be sacrificed to a legitimate Stanley Cup contender in exchange for a draft pick. As good as they've each been at times, Calgary's depth will survive a hit of that magnitude.

If any rival is going to overspend in order to get playoff depth, the Feb. 27 trade deadline is the time.

4 sports

Quoted

"There are probably three different groups that are taking a serious look at buying the Coyotes to keep them where they're located."

GARY BETTMAN DURING HIS WEEKLY RADIO SHOW. THE NHL COMMISSIONER SAID GLENDALE, ARIZ., IS "VERY MUCH PART OF THE EQUATION," REFERRING TO THE CITY, WHICH HAS PAID OUT $25 MILLION US IN EACH OF THE PAST TWO SEASONS TO KEEP THE COYOTES WHILE THE NHL OPERATES THE TEAM AND SEEKS AN OWNER.

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NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-NY Rangers	47	31	12	1	3	132	96	66	15-5-0-2	16-7-1-1	7-3-0-0	W2
d-Boston	47	31	14	1	1	171	101	64	16-7-1-1	15-7-0-0	5-4-1-0	L1
d-Washington	48	26	19	1	2	136	137	55	18-6-0-1	8-13-1-1	5-4-1-0	W1
Philadelphia	48	29	14	2	3	162	142	63	11-7-1-2	18-7-1-1	6-3-0-1	W1
Pittsburgh	49	28	17	2	2	152	127	60	14-8-2-0	14-9-0-2	7-3-0-0	W7
Ottawa	52	27	19	4	2	157	160	60	14-9-0-1	13-10-4-1	6-4-0-0	L3
New Jersey	48	26	19	1	2	129	136	55	12-9-0-2	14-10-1-0	4-4-1-1	L3
Florida	48	22	15	5	6	122	136	55	11-5-1-6	11-10-4-0	3-2-3-2	L1
Toronto	49	25	19	3	2	151	147	55	14-8-2-2	11-11-1-0	6-4-0-0	W2
Winnipeg	50	22	22	3	3	124	143	50	15-8-0-2	7-14-3-1	3-6-0-1	L3
Montreal	49	19	21	2	7	130	134	47	9-10-2-4	10-12-0-2	6-2-0-2	W2
Tampa Bay	48	21	23	1	3	136	165	46	13-7-0-1	8-16-1-2	4-5-0-1	W4
NY Islanders	48	19	22	5	2	115	143	45	11-11-4-0	8-11-1-2	5-4-1-0	L2
Buffalo	49	20	24	3	2	119	149	45	11-9-3-2	9-15-0-0	2-7-1-0	W1
Carolina	51	18	24	5	4	130	159	45	13-11-0-3	5-13-5-1	5-3-1-1	W1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Detroit	50	33	16	1	0	160	117	67	20-2-1-0	13-14-0-0	9-1-0-0	L1
d-Vancouver	49	30	15	0	4	158	122	64	14-6-0-3	16-9-0-1	6-2-0-2	W2
d-San Jose	47	27	14	3	3	131	110	60	15-8-2-0	12-6-1-3	4-3-1-2	W1
St. Louis	49	29	13	1	6	124	102	65	21-3-1-3	8-10-0-3	7-1-1-1	L2
Nashville	50	30	16	3	1	140	127	64	16-7-2-1	14-9-1-0	9-1-0-0	W4
Chicago	50	29	15	3	3	162	144	64	19-6-1-3	10-9-2-0	5-3-2-0	L2
Los Angeles	50	24	16	4	6	111	111	58	14-11-0-4	10-5-4-2	5-2-1-2	W1
Minnesota	49	24	18	2	5	115	126	55	13-6-1-2	11-12-1-3	3-6-0-1	W2
Colorado	51	26	23	2	0	131	144	54	14-12-0-0	12-11-2-0	4-5-1-0	L2
Dallas	48	25	21	0	2	126	136	52	14-9-0-2	11-12-0-0	4-5-0-1	W1
Calgary	50	23	21	3	3	120	137	52	13-7-1-1	10-14-2-2	5-3-1-1	L1
Phoenix	50	22	20	3	5	130	134	52	10-9-2-2	12-11-1-3	3-4-1-2	W1
Anaheim	48	18	23	3	4	124	144	43	13-12-1-0	5-11-2-4	8-1-1-0	L1
Edmonton	49	18	26	1	4	122	142	41	12-8-1-2	6-18-0-2	2-6-1-1	L1
Columbus	49	13	30	1	5	115	163	32	8-13-1-2	5-17-0-3	3-6-0-1	L4

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Wednesday's result
Montreal 7 Detroit 2
NHL ALL-STAR BREAK
At Ottawa
Saturday
All-star skills competition, 7 p.m.
Sunday
All-star game, 4 p.m.

SCORING LEADERS

	G	A	PT
Malkin, Pgh	26	32	58
Giroux, Pha	18	37	55
Ma.Hossa, Chi	20	33	53
Datsyuk, Det	14	39	53
Stamkos, TB	32	20	52
Lupul, Tor	20	32	52
H.Sedin, Vcr	11	41	52
Kessel, Tor	26	25	51
D.Sedin, Vcr	21	30	51
Toews, Chi	27	23	50
Spezza, Ott	20	30	50
Tavares, NYI	20	29	49
Neal, Pgh	27	20	47
Pominville, Buf	17	30	47
Karlsson, Ott	7	40	47
Elias, NJ	18	28	46
Eberle, Edm	18	27	45
Selanne, Ana	15	30	45
Hartnell, Pha	25	19	44
Eriksson, Dal	17	27	44
Kopitar, LA	15	29	44
Moulson, NYI	22	21	43
Seguin, Bos	19	24	43
Versteeg, Fla	19	24	43
P.Bergeron, Bos	15	28	43
St. Louis, TB	12	31	43
Parenteau, NYI	10	33	43
Ra.Whitney, Phx	15	27	42
Backstrom, Wash	13	29	42

NHL ALL-STAR PLAYER DRAFT RESULTS

TEAM CHARA

Captain: Zdeno Chara, D, Boston.

Assistant Captain: Joffrey Lupul, F, Toronto.

Draft: 1. Pavel Datsyuk, F, Detroit; 2. Tim Thomas, G, Boston; 3. Evgeni Malkin, F, Pittsburgh; 4. Marian Hossa, F, Chicago; 5. Kimmo Timonen, D, Philadelphia; 6. Corey Perry, F, Anaheim; 7. Carey Price, G, Montreal; 8. Phil Kessel, F, Toronto; 9. Ryan Suter, D, Nashville; 10. Jimmy Howard, G, Detroit.

11. Brian Campbell, D, Florida; 12. Patrick Kane, F, Chicago; 13. Dion Phaneuf, D, Toronto; 14. Jarome Iginla, F, Calgary; 15. Dennis Wideman, D, Washington; 16. Marian Gaborik, F, New York Rangers; 17. Jordan Eberle, F, Edmonton; 18. Tyler Seguin, F, Boston; 19. Jamie Benn, F, Dallas.

TEAM ALFREDSSON

Captain: Daniel Alfredsson, F, Ottawa.

Assistant Captain: Henrik Lundqvist, G, New York Rangers.

Draft: 1. Erik Karlsson, D, Ottawa; 2. Jason Spezza, F, Ottawa; 3. Claude Giroux, F, Philadelphia; 4. Jonathan Quick, G, Los Angeles; 5. Kris Letang, D, Pittsburgh; 6. Steven Stamkos, F, Tampa Bay; 7. Brian Elliott, G, St. Louis; 8. Shea Weber, D, Nashville; 9. Daniel Sedin, F, Vancouver; 10. Dan Girardi, D, New York Rangers.

11. Keith Yandle, D, Phoenix; 12. Milan Michalek, F, Ottawa; 13. Henrik Sedin, F, Vancouver; 14. James Neal, F, Pittsburgh; 15. Alex Edler, D, Vancouver; 16. John Tavares, F, New York Islanders; 17. Scott Hartnell, F, Philadelphia; 18. Jason Pominville, F, Buffalo; 19. x-Logan Couture, F, San Jose.

TRANSACTIONS

FARMERS INSURANCE OPEN

At La Quinta, Calif.
Par 72
First Round

Spencer Levin	33-29—62
Kyle Stanley	32-30—62
Bill Haas	32-31—63
Rod Pampling	31-33—64
Josh Teater	31-33—64
John Huh	32-32—64
Vijay Singh	31-33—64
Greg Chalmers	33-32—65
Justin Leonard	32-33—65
Camilo Villegas	33-32—65
Martin Flores	35-30—65
Sang-Moon Bae	33-32—65
Pat Perez	33-33—66
Dustin Johnson	32-34—66
Marc Turnesa	34-32—66
Colt Knost	34-32—66
Chris Riley	35-32—67
Marco Dawson	33-34—67
Brandt Snedeker	33-34—67
Harris English	33-34—67
Alexandre Rocha	32-35—67
Kevin Sutherland	32-35—67
Arjun Atwal	34-33—67
Cameron Tringale	33-34—67
Danny Lee	34-33—67
Paul Goydos	35-33—68
Gavin Coles	34-34—68
Rickie Fowler	35-33—68
Cameron Beckman	34-34—68
James Driscoll	33-35—68
Andres Romero	34-34—68
Tim Herron	34-34—68
Chris DiMarco	36-32—68
Robert Allenby	35-33—68
Troy Kelly	32-36—68
Bio Kim	36-32—68
Nick O'Hern	33-36—69
Brandt Jobe	33-36—69
Bud Cauley	34-35—69
Jhonattan Vegas	34-35—69
Stewart Cink	35-34—69
Michael Bradley	33-36—69
Keegan Bradley	34-35—69
Bubba Watson	33-36—69
Also	
Graham DeLaet	**34-39—73**
Stephen Ames	**39-37—76**
David Hearn	**40-38—78**

LACROSSE

NLL

EAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Buffalo	2	2	0	1.000	26	19	—
Rochester	2	1	1	.500	31	24	1
Philadelphia	2	1	1	.500	22	31	1
Toronto	2	0	2	.000	19	26	2

WEST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Colorado	3	3	0	1.000	46	38	—
Calgary	3	2	1	.667	37	32	1
Minnesota	1	0	1	.000	14	20	2
Edmonton	1	0	1	.000	12	13	2
Washington	2	0	2	.000	19	23	2½

WEEK FOUR
Tonight's games
All times Eastern
Rochester at Toronto, 7 p.m.
Philadelphia at Buffalo, 7:30 p.m.
Tomorrow's games
Buffalo at Minnesota, 8 p.m.
Rochester at Colorado, 9 p.m.
Toronto at Calgary, 9 p.m.
Edmonton at Washington, 10:30 p.m.

NFL PLAYOFFS

PRO BOWL

Sunday's game
At Honolulu
All times Eastern
NFC vs. AFC, 7 p.m.

SUPER BOWL

Sunday, Feb. 5
At Indianapolis
New England vs. N.Y. Giants, 6:20 p.m.

2012 PRO BOWL ROSTERS

Sunday, Jan. 29
At Honolulu
s-starter
n-non-participant
i-injured, will not play
r-injury replacement
x-non-participating player replacement
AFC
Offense
Wide Receivers — s-Mike Wallace, Pittsburgh; s-A.J. Green, Cincinnati;Brandon Marshall, Miami; n-Wes Welker, New England; x-Vincent Jackson, San Diego.
Tackles — s-Joe Thomas, Cleveland; s-D'Brickashaw Ferguson, New York Jets; n-Jake Long, Miami; x-Ryan Clady, Denver.
Guards — s-Marshal Yanda, Baltimore; sx-Ben Grubbs, Baltimore; n-Logan Mankins, New England; n-Brian Waters, New England; x-Brandon Moore, New York Jets.
Centers — s-Nick Mangold, New York Jets; n-Maurkice Pouncey, Pittsburgh; x-Chris Myers, Houston.
Tight Ends — s-Antonio Gates, San Diego; n-Rob Gronkowski, New England; x-Jermaine Gresham, Cincinnati.
Quarterbacks — s-Ben Roethlisberger, Pittsburgh; Philip Rivers, San Diego; n-Tom Brady, New England; x-Andy Dalton, Cincinnati.
Running Backs — s-Maurice Jones-Drew, Jacksonville; n-Ray Rice, Baltimore; n-Arian Foster, Houston; x-Ryan Mathews, San Diego; x-Willis McGahee, Denver.
Fullback — s-Vonta Leach, Baltimore.
Defense
Ends — s-Dwight Freeney, Indianapolis; s-Elvis Dumervil, Denver; n-Andre Carter, New England; x-Antonio Smith, Houston.
Interior Linemen — s-Haloti Ngata, Baltimore; Richard Seymour, Oakland; n-Vince Wilfork, New England; x-Geno Atkins, Cincinnati.
Outside Linebackers — s-Von Miller, Denver; s-Tamba Hali, Kansas City; n-Terrell Suggs, Baltimore; x- James Harrison, Pittsburgh.
Inside/Middle Linebackers — s-Ray Lewis, Baltimore; Derrick Johnson, Kansas City.
Cornerbacks — s-Darrelle Revis, New York Jets; s-Champ Bailey, Denver; Johnathan Joseph, Houston.
Free Safeties — s-Ed Reed, Baltimore; Eric Weddle, San Diego.
Strong Safety — n-Troy Polamalu, Pittsburgh; Brian Dawkins, Denver.
Specialists
Punter — Shane Lechler, Oakland.
Placekicker — Sebastian Janikowski, Oakland.
Kick Returner — Antonio Brown, Pittsburgh.
Special Teamer — n- Matthew Slater, New England; x-Montell Owens, Jacksonville.
Long Snapper — Jon Condo, Oakland.
NFC
Offense
Wide Receiver — s-Larry Fitzgerald, Arizona; s-Steve Smith, Carolina; Greg Jennings, Green Bay; n-Calvin Johnson, Detroit; x-Roddy White, Atlanta
Tackles — s-Jason Peters, Philadelphia; s-Joe Staley, San Francisco; Jermon Bushrod, New Orleans.
Guards — s-Jahri Evans, New Orleans; s-Carl Nicks, New Orleans; Davin Joseph, Tampa Bay.
Centers — s-Ryan Kalil, Carolina; Scott Wells, Green Bay.
Tight Ends — s-Jimmy Graham, New Orleans; Tony Gonzalez, Atlanta.
Quarterbacks — s-Aaron Rodgers, Green Bay; Drew Brees, New Orleans; n-Eli Manning, New York Giants; x-Cam Newton, Carolina.
Running Backs — s-LeSean McCoy, Philadelphia; Matt Forte, Chicago; i-Frank Gore, San Francisco; x-Marshawn Lynch, Seattle.
Fullback — n-John Kuhn, Green Bay; x-Michael Robinson, Seattle.
Defense
Ends — s-Jared Allen, Minnesota; s-Jason Babin, Philadelphia; n-Jason Pierre-Paul, New York Giants; x-Julius Peppers, Chicago.
Interior Lineman — s-Justin Smith, San Francisco; s-Jay Ratliff, Dallas; B.J. Raji, Green Bay.
Outside Linebackers — s-DeMarcus Ware, Dallas; s-Clay Matthews, Green Bay; n-Lance Briggs, Chicago; x-Chad Greenway, Minnesota.
Inside/Middle Linebackers — s-Patrick Willis, San Francisco; n-Brian Urlacher, Chicago; x-London Fletcher, Washington.
Cornerbacks — s-Charles Woodson, Green Bay; i-Carlos Rogers, San Francisco; Charles Tillman, Chicago; r-Brandon Browner, Seattle.
Free Safeties — s-Earl Thomas, Seattle; i-Dashon Goldson, San Francisco; r-Kam Chancellor, Seattle.
Strong Safety — s-Adrian Wilson, Arizona.
Specialists
Punter — Andy Lee, San Francisco.
Placekicker — David Akers, San Francisco.
Kick Returner — Patrick Peterson, Arizona.
Special Teamer — Corey Graham, Chicago.
Long Snapper — Brian Jennings, San Francisco.

TENNIS

AUSTRALIAN OPEN

At Melbourne, Australia
Yesterday's results
MEN — Singles
Rafael Nadal (2), Spain, def. Roger Federer (3), Switzerland, 6-7 (5), 6-2, 7-6 (5), 6-4.
Women — Semifinals
Victoria Azarenka (3), Belarus, def. Kim Clijsters (11), Belgium, 6-4, 1-6, 6-3.
Maria Sharapova (4), Russia, def. Petra Kvitova (2), Czech Republic, 6-2, 3-6, 6-4.
Doubles
Men — Semifinals
Bob and Mike Bryan (1), U.S., def. Robert Lindstedt, Sweden, and Horia Tecau (7), Romania, 4-6, 6-3, 7-6 (5).
Leander Paes, India, and Radek Stepanek, Czech Republic, def. Max Mirnyi, Belarus, and Daniel Nestor (2), Canada, 2-6, 6-4, 6-4.
Mixed — Quarterfinals
Bethanie Mattek-Sands, U.S., and Horia Tecau (8), Romania, def. Jarmila Gajdosova, Australia, and Bruno Soares, Brazil, 4-6, 6-1, 13-11 tiebreak.
Elena Vesnina, Russia, and Leander Paes (5), India, def. Lisa Raymond, U.S., and Rohan Bopanna (4), India, 6-2, 6-2.

NBA

EASTERN CONFERENCE

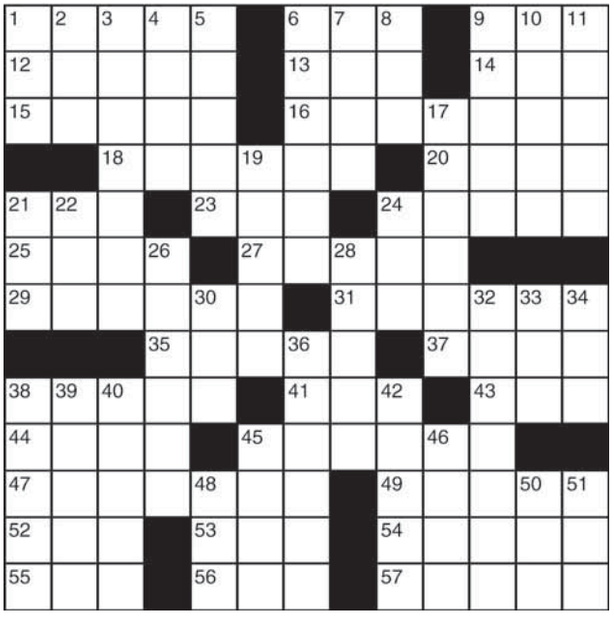
	W	L	Pct	GB
d-Chicago	16	4	.800	—
d-Miami	13	5	.722	2
Indiana	12	5	.706	2½
d-Philadelphia	12	6	.667	3
Atlanta	13	6	.684	2½
Orlando	12	6	.667	3
Boston	8	9	.471	6½
Milwaukee	7	10	.412	7½
Cleveland	7	10	.412	7½
New York	7	11	.389	8
New Jersey	6	13	.316	9½
Toronto	6	13	.316	9½
Detroit	4	15	.211	11½
Washington	3	15	.167	12
Charlotte	3	16	.158	12½

WESTERN CONFERENCE

	W	L	Pct	GB
d-Oklahoma City	15	3	.833	—
Denver	13	5	.722	2
d-San Antonio	12	7	.632	3½
d-L.A. Clippers	9	6	.600	4½
Utah	10	6	.625	4
Memphis	10	7	.588	4½
Portland	11	8	.579	4½
L.A. Lakers	11	8	.579	4½
Dallas	11	8	.579	4½
Houston	10	8	.556	5
Minnesota	8	10	.444	7
Phoenix	6	11	.353	8½
Golden State	6	11	.353	8½
Sacramento	6	13	.316	9½
New Orleans	3	15	.167	12
d-division leader				

Last night's results
Boston 91 Orlando 83
Memphis at L.A. Clippers
Wednesday's results
Cleveland 91 New York 81
Washington 92 Charlotte 75
New Jersey 97 Philadelphia 90 (OT)
Miami 101 Detroit 98
Indiana 95 Chicago 90
Milwaukee 105 Houston 99
Oklahoma City 101 New Orleans 91
Minnesota 105 Dallas 90
San Antonio 105 Atlanta 83
Toronto 111 Utah 106 (2OT)
Denver 122 Sacramento 93
Golden State 101 Portland 93
L.A. Lakers 96 L.A. Clippers 91
Tonight's games
Charlotte at Philadelphia, 7 p.m.
Indiana at Boston, 7:30 p.m.
New Jersey at Cleveland, 7:30 p.m.
Atlanta at Detroit, 7:30 p.m.
Milwaukee at Chicago, 8 p.m.
Washington at Houston, 8 p.m.
Orlando at New Orleans, 8 p.m.
San Antonio at Minnesota, 8 p.m.
New York at Miami, 8 p.m.
Utah at Dallas, 8:30 p.m.
Toronto at Denver, 9 p.m.
Phoenix at Portland, 10 p.m.
Oklahoma City at Golden State, 10:30 p.m.
Tomorrow's games
Washington at Charlotte, 7 p.m.
Detroit at Philadelphia, 7 p.m.
New York at Houston, 8 p.m.
L.A. Lakers at Milwaukee, 8:30 p.m.
Memphis at Phoenix, 9 p.m.
Sacramento at Utah, 9 p.m.

Crossword



Across

1 Breakfast strips
6 Lawyers' org.
9 Under the weather
12 Island greeting
13 Deteriorate
14 — Zedong
15 Impersonator
16 Order
18 Transforms through CGI
20 Curved molding
21 Winter bug
23 Prior to
24 Garb
25 Camera feature
27 Trip around the world?
29 Relinquishes
31 Does a double-take, maybe
35 Gladiators' place
37 Aerobatic maneuver
38 Like crazy
41 Kreskin's claim
43 Kiwi's extinct cousin
44 Hodge-podge
45 Rift
47 Remark
49 Selected
52 Coloration
53 Actress Carrere
54 W.H. —
55 Commercials
56 Spring mo.
57 Trusty horse

Down

1 Emeril's cry
2 "The Greatest"
3 Home for many hippies
4 Buckeyes' home
5 Mother-of-pearl
6 Robin Hood, for one
7 Greets the villain
8 $ dispenser
9 Mirror's offering
10 Bowling milieu
11 Sources of wealth
17 Human
19 Ordinary writing
21 Aviate
22 Wahine's gift
24 Expire
26 Zigzag path
28 Impudent
30 Parched
32 Low chest of drawers
33 Also
34 Hot tub
36 Ambrosia accompaniment
38 Coffee-chocolate blend
39 For all to hear
40 March of —
42 Typesetting measures
45 Quick cut
46 Close
48 Greek vowel
50 Witness
51 Conclusion

▶ Yesterday's answer

O	W	E	D		S	A	P		I	S	L	E
N	A	M	E		O	R	R		G	O	O	F
E	R	I	C		N	E	O		U	N	I	T
S	P	R	A	N	G		P	L	A	I	N	S
			M	O	B			I	N	N		
G	A	S	P		I	N	S	T	A	L	L	S
E	G	O			R	E	O			A	O	K
M	E	N	H	A	D	E	N		S	W	A	Y
		O	O	H			D	Y	E			
C	O	G	N	A	C		H	E	A	R	T	H
O	G	R	E		A	P	E		S	E	R	A
S	L	A	Y		L	E	I		O	N	I	T
H	E	M	S		L	A	M		N	O	M	E

Sudoku

	5		2		3		7	
4			7		9			6
	8			6			5	
		9				6		
6	2						8	3
		5				7		
	7			9			3	
3			8		4			1
	6		1		2		9	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

5	6	7	2	8	4	3	1	9
8	9	1	3	6	5	4	2	7
2	4	3	1	9	7	6	8	5
7	3	9	4	1	2	8	5	6
6	1	5	8	7	3	9	4	2
4	8	2	9	5	6	1	7	3
9	2	6	7	4	1	5	3	8
1	7	8	5	3	9	2	6	4
3	5	4	6	2	8	7	9	1

Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

My Sweet Baby L,
We have rode this love rollercoaster for 5 years. You are the most talented and beautiful woman and my everything. I will spend the rest of my life showing you how much I love you, and let this be my testament. Love is the house we built together, please don't let me stand in the cold.
YOUR LOVING DARK GUITAR

My moon pie
I love when we have our cheesecake nites together. Next Tim Im going to find something new to shove down your fat pie hole! **K :-)**

my everything
To the beautifulest girl in the world, I found true love when i met you, even at 14 i knew this, after all these years , my heart still skips a beat when your near, i love you more than ever,and always will,.lets grow old together.. love you
YOUR CHOC CHUNKY LOVER

A look at the weather

TODAY	SATURDAY	SUNDAY
Min -7° Max 0°	Min -9° Max 0°	Min 2° Max 6°

Andrew Schultz, Meteorologist
BT BREAKFAST TELEVISION
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". **WEEKDAYS 5:30AM**

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20
An affair of the heart could get interesting over the next 24 hours.

♉ Taurus April 21-May 21
Look and act confident wherever you go and whatever you do. If your rivals detect anxiety, they will find ways to play on your fears.

♊ Gemini May 22-June 21
As Mercury, your ruler, changes signs today, your head will be full of big ideas. Focus on the ones most likely to make you money.

♋ Cancer June 22-July 22 Get your financial house in order and cut back on activities that waste both time and money.

♌ Leo July 23-Aug.23
It may seem as if you're dancing to someone else's tune but you're always free to make the decisions.

♍ Virgo Aug. 24- Sept. 22
The more others say you're aiming for the impossible, the more driven you are to prove them wrong.

♎ Libra Sept. 23-Oct. 23
Start something that gets you noticed. If you can put a name to your dream, you can live it too.

♏ Scorpio Oct. 24-Nov. 22
Sacrifices will have to be made, especially on the home front where loved ones just can't seem to get things right on their own.

♐ Sagittarius Nov. 23-Dec. 21 Let others know how you think and feel today. Spell it out for them in plain and simple language.

♑ Capricorn Dec. 22-Jan. 20
There is a chance you will come into money over the next few days.

♒ Aquarius Jan. 21-Feb. 18
Put your needs first and don't feel guilty if you do better than others. It's not that you've been lucky, it's that you've planned ahead.

♓ Pisces Feb. 19-March 20
There are ways you can make life easier for yourself. The most obvious is to stop taking certain things so seriously. **SALLY BROMPTON**

Caption contest

KERSTIN JOENSSON/ THE ASSOCIATED PRESS

MARTIN MEISSNER/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in Wednesday's Metro.

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